

# Lil' Dragons

- Attention
- Fighting Stance
- Switch
- Switch, Switch
- Advancing Fighting Stance
- Retreating Fighting Stance
- Stepping Punch
- Balance Challenge
- Back Leg Snap Front Kick
- Eagle Wing, Dragon Tail or other
- Chun Bi
- Star Block Set
- Left and Right Challenge

## Remember your Karate Rules

1. Don't use it the wrong way.
2. Be respectful.
3. Do your best.