

Task Karate March 2017 Newsletter

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Polar Plunge!

Important! If you are doing the polar plunge, please be sure to turn in our pledges BEFORE we go to the beach on Saturday! Then we can take a picture and get right in line to plunge! We will be holding a turn in at Task Karate Wednesday, March 1st from 4 until 7, and there are opportunities to turn in Thursday from 3 until 7 at Myrick Park Center, and Friday from 10 until 5 at the Black River Neighborhood center, or from 4:30 until 6 at Pettibone Beach. We will have the following schedule on plunge day, Saturday, March 4th.

9 am, teen and adult

9:45 sparring

10:30 to 11:15 will be ALL kids (white through black)

At 11:30 we will be boarding the bus and heading down to the beach!

Afterwards we will head back to Task to celebrate with hot chocolate, snacks and games. It's not too late to be a part!

5th Friday!

Friday March 31st is the 5th Friday of the month and that means Fun and Fitness class! Any belt, any age student that would like to come and do some sweating and smiling is invited to attend! Yes we will probably play dodgeball!





March Birthdays!

1st, Kathryn Wiegrefe, Cathy Sawaya

9th, Heather Herdyk

10th, Riley Hatlevig

11th, Amy Jo Haefs

23rd, Wyatt Jones

24th, John Gobel, Samee Rayhan

25th, Jessica Laatsch

27th, William Bishop

30th, Cully Lee



Black Belt kata class!



February Rank Promotions

Dragon Gold Belt

Brian Petersen

Green Belt

Malorie Olson

Blue Belt

Mitchell Nyseth

Red Belt

Chase Bollom

