

Congratulations to Task Karate's Newest Black Belts!



Gracie Jaeger, Logan Snyder, Lloyd Harter, Hallie Snyder and Dominic Trussoni achieved their Black Belts in August! Check out the Sunday September 3rd La Crosse Tribune for their Happy Ad!

Task Picnic a Success!

Thanks to everyone who was able to attend the picnic! I definitely got my share of Brownies again this year. The guys from **Kid Again** were great and made it extra fun. I'm not sure, but I think I came out as the Twister Champion!



Here is a shot of all the Gold Star Workout Participants!



RANK PROMOTIONS!

GOLD BELT

*Lauren Gerke
Kathy Barrett-Helgeson
Avery Laffey
Brad Schulte*

ORANGE BELT

Evan Pericak

GREEN BELT

*Alana Gruntzel
Zack Rinartz*

PURPLE BELT

*Myranda Antony
Jannielle Antony
Michael Abraham
Alex Cassem
Kyler Chafer
Kaiden French
Camden Ellinson
Avery McLain
Andrew McLain
Sam Rinartz*

SEPTEMBER BIRTHDAYS!

2nd

Pam Groth

5th

Jacob Murphy

6th

Ava Fox

10th

Quinton Graves

11th

AJ Olson

15th

Pat Judkins

17th

Jackson Bickford

26th

Sheryl Otterson

27th

Jamison Johnson

Michelle Smith

Neej Patel

28th

Colin McAllister

Morgan McAllister

Alex Jaeger

29th

Amy Crary

30th

Bronwyn Tulloch

Gold Star Event!

Hike the Sparta-Elroy bike trail tunnel on Saturday, September 16th.

The tunnel is accessible from Kenya Road on Highway 71 about 7 miles outside of Sparta. We should carpool and will leave from the Karate school at 2:30 PM. Make sure to bring a flashlight! You may want to bring an umbrella or a rain coat too!

It is around 2 miles both ways, a fairly easy hike. Afterwards anyone that is interested

can meet at Fazoli's for some chow!



Last years crew!

Oktoberfest 2006

Gold Star Event!

Saturday, September 30th is the Maple Leaf parade and road races. We will have a special schedule this day so I can run the race!

10 AM All Adults and Advanced Kids

10:45 All Sparring (30 minutes)

11:15 All Kids White through Blue

Noon Lil' Dragons

12:45 Weapons

You can do the 5 mile walk or run or the half-marathon if you are up to it for a Gold Star! More info is available by following this link.

<http://www.oktoberfestusa.com/index.htm>

2006-07 NCKA Season!

The twenty-seventh NCKA Karate tournament season is fast approaching with the leadoff tournament being the Twin Cities Open set for Sunday, September 17 at Cooper H.S. in New Hope. This season we will again have six tournaments spread out over eight months with a break in December and January. Flyers are available at the school and more information is available online. <http://www.nckablackbelt.com/>

This second site seems to need updating, but rules and photos are available there!

<http://www.nckaratings.com/>

Also the biggest tournament of the year, the Diamond Nationals are coming up October 6th and 7th! All tournaments are **Gold Star Events!** <http://www.diamondnationals.com/>