



Task Karate September Newsletter

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Back To School

Good luck to all students and teachers on the upcoming school season! Kids please remember to use your Martial Arts at School. What? No not the kicking and punching part, but the respect, self-discipline, patience, putting out your best effort, and self control part! Let your teachers know that you appreciate them teaching you. Do the things that **YOU** know are right, not what some of the other kids might be doing. Set a good example for them!

I have done "show and tell" Karate demonstrations for many of you before. If you would like me to come to your class, let your teacher know, and we will set it up!

New Black Belts

Congratulations to **Tim Kumbier** and **Zakkery Trudeau** on achieving their Black Belts! They have worked hard and deserve it! Also congratulations to **Erik Daily** for achieving his Second Degree Black Belt. His test was awesome! Stars were also awarded to **Brett Nichols, Alli Plath, Ethan Proksch, Megan Richason, Malachy Stromberg-Windau, Cory Schubert, and NJ Smith**. Task is lucky to have so many good, active Black Belts!

New School!

Unless there is an unforeseen problem with signing the lease, we will be in a new school soon! It is located in the Coulee Region Business Center at 1100 Kane St. The school is 2500 square feet (50 by 50 feet) and we hope to move in by October 1st! There will be a lot of work to do, but I am very excited about the possibilities. Special thanks go out to Ric Plath for finding the spot and his help with the paperwork!

Tournament Season

The fall tournament season begins on September 19th with the City of Lakes Championships. A new rule requires all competitors to wear a mask, bar or shield on their head gear. Let me know if you have any questions.





Diamond Nationals



The biggest and the most exciting tournament of the year would have to be the Diamond Nationals. The tournament is held on October 8th and 9th in St. Paul. Flyers are available at the school or online at diamondnationals.com. We will be closed these days. Extra help to prepare will be available.

Schedule Change

Effective September 7th, we will be starting the day class at 9:30 AM, and the sparring class will run from 10:30 until 11:00 AM. In the future I plan to change one of the sparring classes to a kick-boxing class, if there is an interest. I will be looking at changing around the rest of the schedule soon!

Rank Promotions

Congratulations to the following students; Dragon Gold, **Allan Mach**, Dragon Orange, **Alex Cassem**, Dragon Green, **Sam Lubinsky**, Gold Belt, **Abby Helmke** and **Christian Wilder**, Orange Belt, **Brandon Redenbaugh**, Green Belt, **Cohan Nelson**, **Nick Lubinsky**, **Michael Mutch**, **Jacob Schmidt**, **Landon Rudy**, **Connie Mumau**, **Karen Smart**, and **Steve Smart**, and Blue Belt goes to **Steve Chafer**! One step closer to **Black Belt**! Great job everyone!!!

Birthdays

Task Karate members celebrating birthdays this month are; **Pam Groth** on the 2nd, **Jacob Murphy** on the 5th, and **Ava Fox** on the 6th! Happy Birthday everyone!

Membership Anniversaries

The following students celebrate one year of membership at our school. **Nana Akosah**, **Bryce Barrett**, **Steven Chafer**, **Renee Jakobi**, **Tim Kumbier**, **Nickolas Mueller**, **Erik Snyder**, **Hallie Snyder**, and **Logan Snyder** Thank you for your support of Task Karate!



1st Annual 5K Run

This race will be held September 11th at 9:30 AM in Rochester MN. My good friend Tony Smith helped put the run together! More information is available at <http://www.mn mile.com>.

August was Fun!!!

We had a lot of special events that were a blast! KarateFest, T-Jo's demo and dunk tank, dodge ball, swimming and ice cream at the pool and the beach, Black Belt tests, our school picnic, outdoor classes, and kids Fitness Olympics! I don't think we have ever squeezed that much in one month before! Thank you to everyone that was able to participate!

