

# Task Karate August 2013 Newsletter

Task Karate School

1100 Kane St.

La Crosse, WI. 54603

608-781-TASK (8275)

E-Mail: [Taskkarate@msn.com](mailto:Taskkarate@msn.com)

Website: [www.taskkarateschool.com](http://www.taskkarateschool.com)

## Facebook

please check out and "like" the Task Karate page!

<http://www.facebook.com/pages/Task-Karate-School-La-Crosse-Wisconsin/181603011868491?ref=hl#!/pages/Task-Karate-School-La-Crosse-Wisconsin/181603011868491>

Wanna be my friend?

<http://www.facebook.com/randy.thomson.10>

## School Picnic

We are having our school pot luck family picnic Monday, August 19th at the Myrick Park main shelter. (from about 4 to 8)

Thanks to Kid Again for always making our picnics a special event!

<http://www.kidagain.net/index.php>

Task Karate is entering its 10th year!

It would be great to see some of our old friends

and former students that made those 10 years possible!

Everyone please come, and bring your friends and family!

Drinks and silverware are provided, please bring a dish to pass,

and I would love to see you all there!

Here are some of the games we are scheduled to have!

[http://www.youtube.com/watch?feature=player\\_embedded&v=k0CxIYB1VDs](http://www.youtube.com/watch?feature=player_embedded&v=k0CxIYB1VDs)

some familiar faces in this video!!!

[http://www.youtube.com/watch?feature=player\\_embedded&v=Q2B-BGjbxwQ](http://www.youtube.com/watch?feature=player_embedded&v=Q2B-BGjbxwQ)

## Black Belt Test



Congratulations,  
Task Karate's new Black Belts, Miss Osley, Mr. Rakes, Mr. Herzer, and Mr. Pericak!

## The Free Tournament!

Coming up Sunday, August 25th! Pre-register now and train hard to prepare!  
<http://www.wmaproductionsinc.org/>

## Refer a Friend

Hopefully things will pick up for the school when schools starts!  
Please refer your friends to our school.  
If you need more business cards let me know.  
We are also looking for a couple more places that we can put some brochures.  
Thanks for your support of our school!

## Camping



Great times at the Whispering Pines Campground!  
(except for the pouring rain Sunday morning!)

## Closed for Road Races (Gold Star Event) and Eskrima Camp

Looks like I'm going to have to miss the half marathon this year, shoot!

It's the same day as our eskrima camp in Madison.

We will be closed Saturday, September 28th (the same day as the Maple Leaf Parade)

But you can still earn a Gold Star by entering one of the races! (info below)

<http://www.explorelacrosse.com/oktoberfest-ymca-maple-leaf-road-races/>

## Bike Trail Tunnel Hike, Gold Star Event!

Saturday, September 14th,

We will leave the school as a group at 1 pm and carpool to a spot just before the tunnel.

(A couple miles past Sparta.)

Save the date and watch for more info!



I actually saw a ghost in there last year

<https://www.facebook.com/photo.php?v=10152082213855136&set=vb.502880135&type=3&theater>

**Diamond Nationals!!! October 4th and 5th! (Closed these days.)**

<http://www.youtube.com/watch?v=dKogKF-wBt4>

### Quote of the Week



"The ability to discipline yourself to delay gratification in the short term in order to enjoy greater rewards in the long term, is the indispensable prerequisite for success."

Brian Tracy



## August Birthdays!

1st **Micah Muehr**

5th **Carissa Hanson**

6th **Justin Anderson**

8th **Nathen Herzer**  
**Mackenzie Otterson**

10th **Joshua Palaske**

17th **Conley Beers**

19th **Todd Mitchell**

21st **Mikiyah Test**

22nd **Gabby Locher**

23rd **Rachel Greany**  
**Ronin Staffaroni**  
**Susan Wackett**

26th **Mary Lehrman**

27th **Alysa Hunter**



## July Rank Promotions

### **Dragon Purple Belt**

**Mikiyah Test**

### **Gold Belt**

**Cashton Myers**

### **Orange Belt**

**Alysa Hunter**

**Joe Mattison**

**Kolton Mattison**

### **Green Belt**

**Dillion Mudgett**

**Blue Belt**

**Elli Johnson**