

# Task Karate June 2011 Newsletter

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## Escrima Seminar!

We will be hosting an escrima seminar lead by Jeff Halverson on Wednesday, June 15th from 7:30 to 8:30 pm. It is for any interested teens and adults, advanced kids, or any other older kids, by instructor permission. The cost is \$25 and includes 2 standard escrima sticks. Please order your sticks by June 8th, to ensure they will be here for the seminar!

## Board Breaking Class!

Order your boards at the school and let's get ready to chop some wood! Monday, June 20th!

*(No regular classes this day except kickboxing is still on!)*

Kids 5:30 to 6:30

Teens and Adults 7 to 8

Kickboxing 8:30

## Closed for Vacation

I will be heading to the Boundary Waters Canoe Area Wilderness for the 16th year in a row! (My 21st visit!) We will be closed starting Tuesday, June 21st, and re-open on Tuesday the 28th.



First visit, year unknown (mid 80's)

# Chileda Classic/Brown Belt Challenge/Gold Star Event

*Saturday, July 2nd!*

Join the Task Karate team, and be a part of the 2011 Chileda Classic! It is a 3 mile run/walk, or a 6 mile run. There is also the fun kids race, not to be missed! No classes on July 2nd, and 4th!



Winners!

## "Bob" Wavemaster Sale!

Century has the Bob Wavemasters on sale for \$50 off this month! (Plus your normal discount!)

Comes with free bag gloves!

(Must order by June 29th.)

## Business Card Promotion

Please help promote Task Karate by handing out your business cards to your friends and family members that might like to try our school! You can get a \$20 gift certificate for each friend that enrolls and they get a great deal on their uniform! (If you haven't gotten your business cards, please let me know.)

## Quote of the Week!

**You were born with potential**

**You were born with goodness and trust**

**You were born with ideals and dreams**

**You were born with greatness**

**You were born with wings**

**You are not meant for crawling, so don't.**

**You have wings**

**Learn to use them, and fly.**

Source: [Rumi](#)



## May Rank Promotions

### Dragon Orange Belt

**Nash Nagy**  
**Angel Arrendondo**  
**Luis Arrendondo**  
**Elijah Goodman**

### Gold Belt

**Nina Saarem**  
**Tim Saarem**  
**Kazi Rayhan**  
**Shafee Rayhan**

### Green Belt

**Jack Oslund**

### Purple Belt

**Kasey Wing**

### Blue Belt

**Jim Warsinske**

### Red Belt

**Jordan Wilkins**

### Brown Belt

**Brandon Lun**  
**Ben Smith**  
**Andy Smith**

### Black Belt

**Paul Cassem**  
**Thomas Gregerson**



Two awesome new Black Belts!



Thanks to all that were able to attend!

