

Task Karate November 2012 Newsletter

Task Karate School

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Facebook

please check out and "like" the Task Karate page!

<http://www.facebook.com/pages/Task-Karate-School-La-Crosse-Wisconsin/181603011868491?ref=hl>

Want to be my friend? <http://www.facebook.com/#!/randy.thomson.10>



Mr. Thomson and Suro Hart, the head of Inyan System 3 (IS3)

Inyan Eskrima!

Task Karate is now an official Inyan Eskrima location! We will officially launch our new program December 5th!

Classes will meet on Wednesdays from 6:45 to 7:45 pm, and Fridays from 7:15 to 8:15 pm.

This will be a separate program from our regular karate and kickboxing program!

We will offer a free trial every Wednesday night in November, and will add the Friday night classes starting in December.

Check out the IS3 website for much more information!

<http://www.inayan.eu/index.html>

This class is for everyone! If you are an experienced martial artist, or if you have no experience at all, give it a try!



Bob doesn't look too happy~

Gold Star Event-Food Drive

Every November Task Karate holds a very successful food drive to help out the needy in our area. Some students bring in a can of food, and one student brings in several bags! Whatever amount you are able to bring, we appreciate! The food drive will run from now until Thanksgiving. I will be doing it a little different this year, I will drop off the collected food every week or so, instead of dropping it off all at once.

Quote of the Week

We can't help everyone, but everyone can help someone.



School Closings

We will be closed Saturday, November 17th for hunting, and Thursday, the 22nd for Thanksgiving. I want to let you know how thankful I am to be a part of your lives, and have the opportunity to teach karate for my livelihood!



Instructor Training Class, Matt Class, and 1st Fun and Fitness Class!

Friday, November 9th will be kids instructor training class (red belt and above, or by permission,) and Friday the 16th will be the class for teens and adults!

(Any teen or adult interested in learning to teach.)

Friday the 30th is the 5th Friday of the month, and that means fun and fitness class!

Games, fun and exercise!

We have had about 4 or 5 kids showing up for the matt class each week.

They are learning how to fall, roll and do take downs!

This class is very valuable, and is open to all students, kids or adults!



November Birthdays!

2nd **Alex Cassem**
Alisha Pfaff

15th **Garth Gregerson**
Evan Pericak

18th **Violette Phinisee**

20th **Mason Thomson**

21st **Kent Swan**

25th **Nicholas Buege**

28th **Nina Newton**



October Rank Promotions

Dragon Orange

Casey Gilbertson

Gold Belt

Mike Gilbertson

Orange Belt

Todd Turnmire

Chase Bollom

Ronin Staffaroni

Riordan Staffaroni

Green Belt

Carissa Hanson

Katy Stackpool

Blue Belt

Peter Revels

Black Stripe Brown Belt

Andy Smith

Ben Smith



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