

Task Karate September 2017 Newsletter

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Be my friend! <https://www.facebook.com/randy.thomson.10>



Mr. Lee 7th Degree *New Time 2:15

Mr. Cully Lee will be testing for 7th degree black belt Saturday, September 16th at 2:15 pm and he invites everyone to come cheer him on.

Sign up for your Session on Photo Day

We will be having Gish Photography in again! They are martial artists as well as photographers, and do a great job. There is a sign-up sheet on the door for you to pick your time. Price list with packages and options are available at the school. Every year they make a team plaque for us. You don't have to order photos to be on the plaque. NO CLASSES THIS DAY.

Bike Trail Tunnel Hike-Gold Star Event

We will leave the school in a caravan Saturday, September 23rd at 1 pm and head to an access point on the Sparta Elroy bike trail and walk through the mile-long tunnel. When they cut the tunnel they hit a natural spring and water drips down from the ceiling, so you might want to wear a hat or rain coat, and

bring a flashlight. It's about an hour drive to the access, so plan on three hours. I saw a ghost in there once

<https://www.facebook.com/randy.thomson.10/videos/vb.502880135/10152082213855136/?type=3&theater>



Maple Leaf Road Races! Gold Star Event, No Classes at Task

Sign up to run Maple Leaf Road Races Saturday, September 30th, the same day as the Maple Leaf parade! They have a kid's half mile and mile race, 5k, 5 mile and half marathon events. I have been training to run the half marathon! I always enjoy this race, it goes down the parade route! (Not the kids mile and half mile.) Please use this link to sign up and be sure to join the Task Karate team! <https://raceroster.com/events/2017/12211/maple-leaf-walk-run-2017?aff=VZUNL>



October 6 & 7, 2017

Double Tree Hotel

7800 Normandale Blvd

Bloomington, MN 55439

<http://diamondnationals.com>

I will be traveling to Diamond Nationals this year and look forward to watching some of our Task Karate students compete. If you are planning to attend and/or participate in this event, I encourage you to consider locating a hotel sooner than later to obtain the best pricing. Hotels do book up. No classes on Friday and Saturday.

Black Belt Test

We will have our next black belt promotion Saturday October 14th at 1:30 pm. Good luck to Emily, Anna, McKaela, Connie, Dillon and Samee!

Gold Star Event, Brady's Bluff Hike!

We will leave the school after classes Saturday, October 21st at 1 pm, and drive to Perot State Park to climb Brady's Bluff! The hike is fairly short, but steep and challenging, but the view is worth it! We access the trail by the boat landing across from Trempealeau Mountain, if you want to meet us there. It's about a 35-minute drive according to google maps so please be there by 1:30. All cars need a state park sticker to enter. A day pass is \$8.

IS3 La Crosse (eskrima) in Germany, La Crosse, and Madison!

We had a chance to do A LOT of eskrima in the last couple weeks! I would like to extend our offer of a free two week trial to our classes, and free sinawali sticks (\$20 value) if you join! Classes are Wednesday from 6:45 to 7:45, and Friday from 7:15 to 8:15.



The courtyard of the castle!

Eskrima Rank Promotions

Congratulations to Brenner on his test for student level 3, in IS3 eskrima! It's a medallion rank. He also tested under Suro Hart, the founder of IS3, so you know he earned it!



Kasama Gary Benson was recently awarded Instructor Level 3! That is also a new medallion!





September Birthdays!

1st, Ella Cullen 3rd, Ian Johnston 5th, Caston Myers

8th Nicholas Dearman 10th Luis Arredondo

12th, RJ Phillips 25th, Andy Smith

26th Sheryl Gora-Bollom 28th, Gunnar Nagy



August Rank Promotions

Dragon Green Belt

Skylar Wilkins

Carter Wilkins

Dragon Purple Belt

RJ Phillips

Callen Mc Arthur

Orange Belt

Wesley Cornett

Andrew Revels

Black Belt Second Degree

Anne Nyseth

