

Task Karate April 2019 Newsletter

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Steal it!

Fun and Fitness!

Steal the bacon! Fun and fitness on the 5th Friday, March 29, 2019 5:30 to 6:15.
All belts and ages welcome.

Task Closed for Seminar in Appleton

We will be closed Saturday, March 30th for an Eskrima seminar in Appleton with our instructor from France, Suro Emanuel Hart. He will be holding a seminar in La Crosse as well!



Reactive Knife Defense



Reactive Knife Seminar!

Sunday, March 31st from 11:30 to 1 pm.

During this seminar, we will explore Reactive Knife theory. Reactive Knife is a body of work created by the late Mike Inay and is commonly used by law enforcement to deal with violent attacks.

Kadena de mano means chain of hands. This is a short-range style with an emphasis on knives and empty hand.

Note, this seminar is for those both versed in self-defense as well as those with no experience.

Please dress comfortably for this seminar.
Task Karate Welcomes Suro Emanuel Hart

Suro Emanuel Hart is an internationally renowned eskrimador and the head of Inayan Eskrima III (IS3). Suro Hart has schools in the United States and various countries around the world. We welcome Suro Hart to LaCrosse WI and Task Karate School on Sunday March 31st.

The cost is \$20

**STRONG
AND
SAFE**



April Birthdays!

- 1st Christian McConaghy
- 2nd Malachi Schmaltz
- 3rd Kurt Schuldes
- 6th Jonah Bain
- 18th Nicholas Noland
- 18th Ayden Blackdeer
- 21st Skylar Wilkins
- 23rd Shawn McConaghy
- 25th Tristan Hodson
- 28th Todd Turnmire
- 30th Jeremiah Noland
- 30th Andrew Revels



March Rank Promotions

Dragon Gold Belt

- Frank Bouska
- Roy Bouska

Gold Belt

- Nicholas Noland

Orange Belt

Jonah Stovall

Nikki White

Jeremiah Noland

Blue Belt

Niki Bergler

Saeef Rayhan