

Task Karate August 2015 Newsletter

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E-mail taskkarate@gmail.com Visit our website

<http://www.taskkarateschool.com/preview/> Or Facebook page

[https://www.facebook.com/pages/Task-KarateSchool-La-Crosse-](https://www.facebook.com/pages/Task-KarateSchool-La-Crosse-Wisconsin/181603011868491)

[Wisconsin/181603011868491](https://www.facebook.com/pages/Task-KarateSchool-La-Crosse-Wisconsin/181603011868491) Be my friend!

<https://www.facebook.com/randy.thomson.10>

Advanced Testing Friday August 21st at 5:45 PM

Advanced Testing takes place at 5:45 PM on Friday August 21st. Good luck to all of our testers. Don't forget your gear!

Tournament Class on Friday August 28th at 5:45 PM

This will be a good tune up and trial run for the tournament. We will be focusing on forms. If time allows we will do board breaking. The class will involve practicing our forms to make sure we are doing them right, working on actually performing for a group, and thinking about what to do when we get to the tournament! Good luck to all competitors and be sure to attend this class!



Annual Task Karate Summer Picnic and Seminar Tuesday August 25th

Please join members of Task Karate at the Myrick Park main shelter for our annual back to school pot luck. Come at 5 pm, eat at 6! Enjoy excellent food and many karate inspired activities. In addition, we will be hosting a class at the shelter during the day from 2 pm until 5 pm! We will do martial arts as well as make our own walking sticks or practice knives! The cost is \$20 per child. Wear clothes that are comfortable and you can work out in, and athletic shoes. (Funds raised help offset the cost of the picnic!) Limit 20 kids, please register for the class by August 22nd! No regular classes at the school on August 25th.

Coulee Region Free Tournament August 30th

Plan to participate in the Coulee Region Free Karate tournament at Onalaska High School on August 30th. This free tournament is open to Lil' Dragons through black belts. Events include forms, weapons, sparring, and board breaking. We will once again be participating in the Battle of the Dojos with Josh Osley and Joe Mattison representing our school. Thank you to all of the TASK Karate members who supported the free tournament by volunteering at one of the Brat Barns.

Follow this link for more information on the pending free

tournament. <http://www.wmaproductionsinc.org/>.

Annual Task Karate Sparta-Elroy Bike Trail Tunnel Walk

Join members of Task Karate on Saturday September 12th for a hike through the infamous Sparta-Elroy bike trail tunnels. We will meet at the karate school after classes at 1 pm and caravan to a point where we can park and access the trail. Please plan to travel with the group so we can all arrive and start together. Regular classes will be held on Saturday. If you are on facebook here is a video from a previous trip.

<https://www.facebook.com/randy.thomson.10/videos/vb.502880135/10152082213855136/?type=3&theater>



The group from last year!

Suro Emanuel Hart Visits Madison for September Eskrima Camp

On Saturday September 26th and Sunday September 27th, IS3 Madison will be hosting Suro Emanuel Hart for the annual WI eskrima camp. This camp runs 11:00 AM – 5:00 PM on Saturday and 11 AM until 3:00 PM on Sunday. The camp is held at the East Madison YMCA. The cost of the camp is \$150 or \$80 for one day. Payment at this camp is made in Madison. Task Karate will be closed on Saturday September 26th due to this seminar. I'm working on getting Suro Hart to visit Task Karate again, more than likely a day during the week prior to the Madison seminar. I will let you know as soon as possible.

Diamond Nationals October 9-10th in Bloomington, MN

The Diamond Nationals World Karate Championships will be held Friday October 9th and Saturday October 10th. Diamond Nationals are held at the Doubletree by Hilton located at 7800 Normandale Blvd. in Bloomington, MN. Registration for this tournament is now available online at www.diamondnationals.com. Task Karate is always well represented at this event. If you plan to attend, please connect with me.

Minnesota State Karate
Championships September 20th!
[http://pworley6.wix.com/mn-karate-
champion](http://pworley6.wix.com/mn-karate-champion)

Task Karate Gear Order

Support your school and be in style with your Task Karate T-shirts, hoodies and Sweat pants! An order form will be attached to this e-mail, or available at the school or on the website! Please place your order by August 29th!



Kanji Design!

Private Lessons

I am available to do private lessons with you! We have time on Saturday afternoons or before classes start at 2:45 PM. The cost is \$30 per hour. Please let me know if you have any questions or would like to schedule a session!

July Rank Promotions



Dragon Green Belt

Cameron Steinfeldt

Orange Belt

Matt Nagy

Purple Belt

Morgan Kakuska

Alex Kakuska

Red Belt

Jon Silha

Trevor Devine

Brown Belt

Carissa Hanson

Andreana Pollock

Dillon Mudgett

August Birthdays

Wishing all of the following Task Karate folks a happy birthday during August.



5th - Carissa Hanson

11th - Elsie Gautsch

14th - Jasper Moesch

23rd - Susan Wackett

24th - Elijah Goodman

28th - Lance Moe

