# Task Karate December 2020 Newsletter

1100 Kane St. La Crosse, WI 54603

Phone 608-781-8275 E-mail <u>taskkarate@gmail.com</u>

Visit our website <a href="http://www.taskkarateschool.com/">http://www.taskkarateschool.com/</a>

Or facebook page <a href="https://www.facebook.com/pages/Task-Karate-School-La-">https://www.facebook.com/pages/Task-Karate-School-La-</a>

Crosse-Wisconsin/181603011868491

Be my friend! https://www.facebook.com/randy.thomson.10

Twitter @KarateTask

#### **Class Photos!**

Task Karate usually takes a group photo at the end of the year, but for safety we are taking individual and family photos this year! We would like any student that trained at Task in 2020 to have their photo taken for our calendar. Or you can send me one. Please make sure I have your photo by 12/12/20 so we can have the calendars made!



# Task Karate November Food Drive: Thank you for your generosity!

Members of Task Karate donated food that was shared with 16 local families. All of the food donated by Task was collected and then sorted into "meal kits." For example, each family received supplies to make the following:

- Ground beef/chicken tacos with rice & beans
- Spaghetti, bread, and broccoli
- Sandwiches PBJ, tuna salad, & grilled cheese
- Mac and cheese
- Loaded baked potatoes

Further, the food donated by Task families was coupled with a turkey and/or ham. All families received several boxes of cereal and snack items. Coloring books, puzzles, and various art supplies were also included. Thank you all for your support of our local community and being part of Task Karate.

#### **Motivational Quote!**

"Life's not about expecting, hoping and wishing, it's about doing, being and becoming."

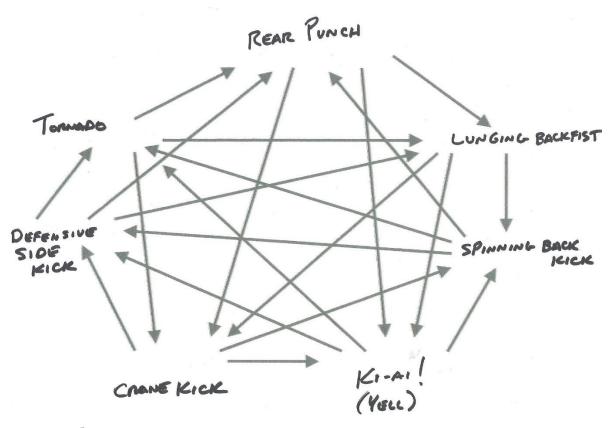


### Holiday Apparel Orders Form!

Here is a link to this year's choices! Please you're your orders in by December 9<sup>th</sup> for Holiday Delivery! Team shirt, Kanji, gear bag, masks, hoodies, click the link for an order form and to see all the choices!

https://docs.google.com/presentation/d/13ZUiKq0kr0HPOzXMHNLYAdiCe3lmd5yI3rPs8YyowR8/edit?usp=sharing





#### Virtual Tournament Part 2!

We now have 7 moves to choose from in our virtual tournament. Run by our famous friend Palgue! You must turn in your name and moves by Friday at 7 to be in Saturdays tournament! <a href="https://drive.google.com/file/d/19AlbyFLyqr1a7CL-CzqU0v5y1VJDkCyW/view?usp=sharing">https://drive.google.com/file/d/19AlbyFLyqr1a7CL-CzqU0v5y1VJDkCyW/view?usp=sharing</a>

#### Ninja Day!

Saturday is ninja day! Here is a challenge Ms. Yehle put together for all the ninja lovers. <a href="https://docs.google.com/document/d/1YyBb8Tv9PqZegWyHlQWuk9WEqg5vbyKNYrydY">https://docs.google.com/document/d/1YyBb8Tv9PqZegWyHlQWuk9WEqg5vbyKNYrydY</a> oSVp1Y/edit?usp=sharing

And a fun game you can play! <a href="https://www.youtube.com/watch?v=tusmvHX-sIE">https://www.youtube.com/watch?v=tusmvHX-sIE</a>

#### Task Closed Between December 24th to the 31st!

We close every year between Christmas and New Years to give the instructors a holiday! Thank you for your support of Task Karate, and I hope you did ok during this crazy year. I hope we all come back even stronger!

### New Year's Training!

We like to have a special class for the first class of the year. We will have it January 1<sup>st</sup>! Since we need to watch class sizes, please sign up at the school if you are attending. If any class gets too big, we will add another, but we are planning on kids from 5 to 5:45, and teen adults from 6 to 7!

### Get our App!

You can pay your tuition fast and easy with our app! My goal for 2021 is to learn and use more of the features our app provides. Here is some information.

https://drive.google.com/file/d/11jcPzyvXHX13-

i4D7UNLn9IQezRAiys3/view?usp=sharing



## December Birthdays!

2<sup>nd</sup> Josh Navrestad

2<sup>nd</sup> Liam Abraham

16<sup>th</sup> Zachary Navrestad

20<sup>th</sup> Abe Osley

23<sup>rd</sup> Dawson Ekern

29<sup>th</sup> Charlie Ott-Beck

30<sup>th</sup> Aubrey Crawley

30<sup>th</sup> George Bronk

31st Frank Bouska

31st Phil Rakes



## **November Rank Promotions**

**Gold Belt** 

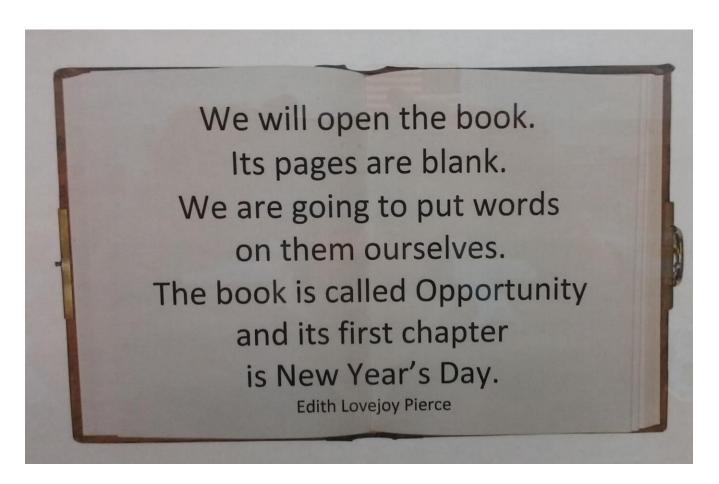
Yusef Akbar Justus Wood Ledgen Wood

**Green Belt** 

**Aubrey Crawley** 

**Purple Belt** 

Grace Loizzi John Mobley Catherine Mobley





I'm baaaaaaaack!