



Task Karate February 2017 Newsletter

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Visit our website <http://www.taskkarateschool.com/>

Or facebook page <https://www.facebook.com/pages/Task-Karate-School-La-Crosse-Wisconsin/181603011868491>

Be my friend! <https://www.facebook.com/randy.thomson.10>

Snow Hike Gold Star Event, Saturday, Feb 4th

We will meet at the Hixon Forest Trailhead at 1:15. Parking can be a problem, so consider carpooling. We have a short 30-minute hike that goes to the "cave" and a longer two-hour hike that goes to the top and to one of the lookout points. Brown belts that complete the long hike will earn their fitness challenge stripe. We will hold this event rain or shine! Please consider if it's safe for your family to go if the weather turns bad or it's really cold! Here is a video from the 2011 Hike! https://www.youtube.com/watch?v=etNkAl_8IKw

Polar Plunge! Gold Star Event!

(PLEASE NOTE SCHEDULE CHANGE!)

Saturday, March 4th, who wants to go jump in the river for a good cause? We will have a bus pick us up at Task Karate at 11:30. We will still have regular open teen/adult class at 9, and sparring at 9:45, but all kids will have class from 10:30 to 11:15.

The polar plunge is a fund raiser for Special Olympics. Task Karate has been plunging since 2006! Each person has to raise a minimum of \$75 to take part in this event. We ask that everyone **pre-register** their donations so that when we get to the "beach" we can take a photo and plunge right away. Pre-registration takes place at Task Karate the Wednesday before the plunge, or other locations are available. After the plunge, we will return to Task for hot chocolate, snacks, and probably some dodgeball.

Follow this link to sign up for the Task Team!

<https://secure.e2rm.com/registant/TeamFundraisingPage.aspx?teamID=730586#&panel1-1> Please consider joining the team or sponsoring Mr. T!

<https://secure.e2rm.com/registant/FundraisingPage.aspx?registrationID=3651674&Referrer=%26Referrer%3dhttp%253a%252f%252fpolarplungewi.org%252flocations%252fmar-4-lacrosse%252fteams-lax%252f#&panel1-2>



A photo of the 2006 plunge!

California Trip

Sensei Demura is hosting his annual tournament and seminars in February! I have been invited to test for nidan (second degree) in kobudo! (weapons) We will be closing and flying out Thursday, February 23rd, and will get back to La Crosse around 4 on Monday, February 27th, pending no travel delays. (I will post any delays on facebook, so please check before coming.) We will have to cancel Lil' Dragons on Monday, February 27th, but will plan on making the 5 pm and later classes.

Mr. T Demonstration!

I want a warm up! Friday, February 17th at 5:45 I will demonstrate my katas (forms) for nidan kobudo testing, and my tournament forms! There is no charge for this event, although donations to help cover testing, flights, car rental, hotel, tournament and seminar fees would be gladly accepted!





February Birthdays!

2nd Sebastian Bishop 8th Joe Mattison 12th Callie Christopherson 20th Ana Jones
20th Bridgette Magno 22nd Alex Weinberger 24th Kundayi Kajese-Klung
28th Ann Yehle



January Rank Promotions

Dragon Orange Belt

RJ Phillips

Callen McArthur

Gold Belt

Waylon Stokke

Ellie Bemis

Orange Belt

Brenden McArthur

Elijah Sievert

Caleb Seivert

Joey Stennes

Bradley Tschumper

Green Belt

Kai Vargas

Purple Belt

Lucas Payne

Blue Belt

Brenner Bertelsen

