# Task Karate February 2007 Newsletter

1100 Kane St. La Crosse WI 54603 (608) 781-TASK (8275)

Website http://www.taskkarateschool.com



# Second Degree Black Belts!

Congratulations to our new Second Degree Black Belts, NJ Smith, Colin Smith and Megan Richason! Jay Smith made a great highlights video of the test and posted it on youtube.

Click here to see it!

http://www.youtube.com/watch?v=fwum33X 5SI

A Special thanks to Mr. Dennis and Nathan Fater for sitting on the panel.

## Polar Plunge!

Take a look at the Task Karate Team page. Several of the kids are near or over \$300!

http://www.specialolympicswisconsin.org/pp07/team.asp?id\_t=181

We have already surpassed last years plungers and pledges! Here is a photo from  $\,$ 



I had just been bowled over my Mr. Harter's flying side kick. I hadn't noticed at first, but look at the judges on the pontoon.



THREE TENS! Not to brag, but we won best group plunge last year! Please consider plunging or pledging one of our plungers!

http://www.specialolympicswisconsin.org/pp07/team.asp?id\_t=181

Plungers, here is information on pre-registering

### **Pre-Registration:**

Avoid lines on Plunge day! Bring your pledges and pick up your incentives on the following dates and times:

### Thursday, March 1, 2007

- UW-La Crosse, Valhalla A, 10am-2pm, Cartwright Center, 1741 State St.
- Onalaska Center for Commerce & Tourism 4pm-7pm, 1101 Main St. (at 11th St.)
  - Boys & Girls Club of Sparta 5pm-7pm, 1000 East Montgomery St.

### Friday, March 2, 2007

Loons on La Crosse (with Howie's), 1128 La Crosse Street; 10am - 7pm

When I pre-register we will get an approximate plunge time. I will post the time at the school on Thursday.

Remember, we will have our half day schedule that day.

I would like all the plungers to meet by the bathhouse 15 minutes prior to our plunge time for a group photo. When we plunge I want to line up on the beach, and bow to the crowd, do attention, chun-bi, and one horse stance left punch with a LOUD yell!

Then we will bow to the judges (to butter them up), and then do two front stance down blocks, two stepping punches, and then two rising blocks into the water! Then we will yell and scream, and run out and back!

As of right now, we are listed as one of the top 5 teams in the STATE for online pledges! Great job everyone!

#### Top online teams

#### in the state

\$3,660 - Chassity's Chill Seekers

\$2,660 - Super Fun Polar Plunge - Famous Footwear Team

\$1,730 - recycled teenagers

\$1,621 - 9 Below

\$1,525 - Task Karate

# **Fund Raising**

Task Karate and it's student support the following events each year;

The Polar Plunge for Special Olympics

The Chileda Classic run, walk, pledge for the kids of Chileda

The Maple leaf Road Races for the YMCA

The Salvation Army with our Thanksgiving food drive.

I am proud that I/We do what we can to help out these organizations!

### Gold Star Event!

The Gold Star event for February will be a hike through the marsh at Myric Park. Meet by the Gun Club Shelter (by the Zoo parking lot) on Saturday, February 17th, at 3PM. The trail is about 1 mile long. It took me 15 minutes at a brisk pace (it was cold) with out stopping to walk it. Please be sure to dress appropriately, or consider passing on this one if it's too cold!

### International Karate Tournament in California

I will be visiting the home dojo, participating in seminars, and competing in the International Karate-Do Championships in Costa Mesa, California again this year. We may have a special schedule for that weekend (the 22nd through the 24th), I will let you know asap!



### **RANK PROMOTIONS!**

DRAGON ORANGE BELT

Brandon Lun

GOLD BELT

Ava McLain

ORANGE BELT

Alyssa White

Justin Anno

GREEN BELT

Kathy Barrett-Helgeson

Andrew Kube



# **FEBRUARY BIRTHDAYS!**

9th

Zack Rinartz

10th

Christian Wilder

12th

Shawn Trussoni

26th

Lloyd Harter