

Task Karate June 2005 Newsletter

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Air Conditioning

We will be getting a brand new air-conditioning unit for our school this month! It will also have a fresh air intake to take out some of the humidity. It will cost almost \$5000! I am planning a few special classes as fund raisers this month. *June 16th, 6:45 to 7:45 adult intro to Okinawan weapons, *June 18th, kids intro to Nunchaku at 2:15. These seminars include practice chucks! *June 17th, Open Adult work-out, 7:00 to 8:30. Attend any or all of these events by donation. *New Quote of the week CD, \$10. (You must be able to open a Word Doc.). Includes over 80 motivational quotes, and bonus photos! I am also looking for 4 or 5 students that would be able to pay for the rest of 2005 in advance. Thanks for considering any of these events!



4th Gabby Schubert
12th Alex Wing
14th Allan Mach
Lucas
Stromberg-Windau
Claire Trussoni
15th Trevor Peden
17th Michael Kelbel
18th Megan Richason
20th Graham Fuchs
Kyler Chafer
Jeanette Smith
22nd Cory Schubert
28th Jordan Hotchkiss
29th Jim Warsinske
30th Carter Sime



Gold Star Events



I will be awarding 1 inch iron-on Gold Stars to students who participate in some of the special events that we hold. Tournaments, Seminars, The Chileda Classic, are a few examples. The stars can be worn on the lapel similar to the way the Black Belts wear them, or they can be put on the sleeve, by the Task Patch, or on the leg of the uniform.

Karate Demonstration

Task Karate will be doing a Demo at 2:00 PM on June 12th as part of the Pet Walk fundraiser for La Crescent Animal Rescue. The event will be held at the La Crescent Elementary school grounds. Sign up at the school if you would like to participate!

Pennsylvania Seminar/Boundary Waters Trip

We will be able to be open while I am away for these events thanks to Mr. Daily, Mr. Lopez, and all the other fine Task Karate Black Belts who have volunteered to help teach the classes those days. We will only have to close on Friday, June 10th.

Rank Promotions



Dragon Gold
AJ Olson
Dragon Orange
Alex Wing
Finn Speier
Jane Speier
Gold Belt
Camden Ellingson
Colt Carlson
Shelbi Carlson
Myranda Antony
Jannielle Antony
Maggie Lusk
Orange Belt
Chloe Koo
Michael Kelbel
Diane Kelbel
Keaton Von Arx
Katie Olan
Kyle Monn
Green Belt
Christian Wilder
Abby Helmke
Mason Thomson
Allen Mach
Adam Dikeman



Sensei Demura in Winona for Seminar!

You hear me talk about him all the time, now it's your chance to meet and take class from one of the worlds top Karate Instructors! Sunday July 10th, from Noon until 1PM. The seminar is held at the Winona Family YMCA at 207 Winona St. There is also an Okinawan Kobudo (weapons) class available from 1:30 -2:30. Ask for more information. A Gold Star event! The cost is \$20.

Photo Day!

No classes will be held on Saturday, June 25th. Mr. Daily will be taking photos of the students in their Karate Poses! Schedule to be announced!

25th Annual La Crosse Chileda Classic, Saturday July 2nd.

This will be the third year that Task Karate has had a Team in the race! You can run or walk the 5K (3.1 mile) or the 10K event. It is Held on Saturday during the La Crosse Riverfest celebration. The Kids Race (around Riverside Park) and Pancake Breakfast follow the races. It's a fun, healthy, community event. The 10K starts at 7:30 in front of the La Crosse Center, and the 5K starts at 7:50am at State and Front. The fee is \$17 for early bird registration and \$20 after June 18th. There will be no classes that day, and this is a **"Gold Star"** event! Grab a flyer or ask for more information Hope to see you there!

