

Task Karate January 2017 Newsletter

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New Year's Training

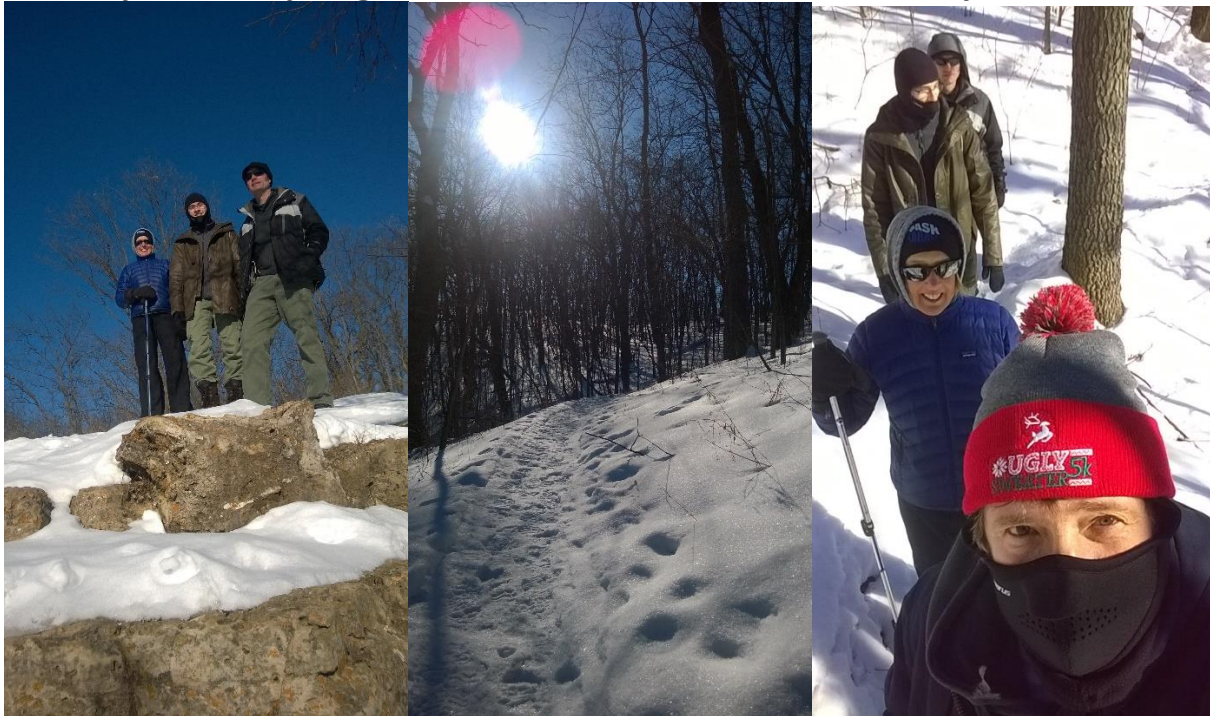
Thanks to the Task Karate students that braved the bad weather and came to our 2017 New Year's Training! The kids won again, 17 to 8. 😊





Snow Hike Gold Star Event, Saturday, Feb 4th

We will meet at the Hixon Forest Trailhead at 1:15. Parking can be a problem, so consider carpooling. We have a short 30-minute hike that goes to the “cave” and a longer two-hour hike that goes to the top and to one of the lookout points. Brown belts that complete the long hike will earn their fitness challenge stripe. We will hold this event rain or shine! Please consider if it’s safe for your family to go if the weather turns bad or it’s really cold!



Board Breaking Seminar and Recycled Trophies Tournament- Plus Video!

Saturday, January 28th at 1 pm we will have a board breaking seminar and tournament! Each student will get to break 2 wood boards, and be entered in the rebreakable board recycled trophy tournament. It's always hard to know how many boards to cut, so I'm asking everyone to register for the event by January 21st. The cost of the seminar is \$10 per person. If you want more fun, you can order extra boards.

Full size (11 inches) \$2

Medium (7 inches) 2 for \$3

Small (4 inches) \$1

I plan to shoot some instructional videos this day so anyone that would like to attend will have to be willing to sign a model release for themselves or their children! The DVD will be part of some instructional videos I am planning to create.



Check out these awesome photos from our previous event!

<https://goo.gl/photos/oJjTAhEKPadZgFjC9>

Polar Plunge! Gold Star Event

Saturday, March 4th, who wants to go jump in the river for a good cause? We will have a bus pick us up at Task Karate at 1:15. We ask that everyone pre-register so that when we get to the "beach" we can take a photo and plunge right away. After the plunge we will return to Task for hot chocolate, snacks, and probably some dodgeball. Follow this link to sign up for the Task Team!

<https://secure.e2rm.com/registant/TeamFundraisingPage.aspx?teamID=730586#&panel1-1> Please consider joining the team or sponsoring Mr. T!

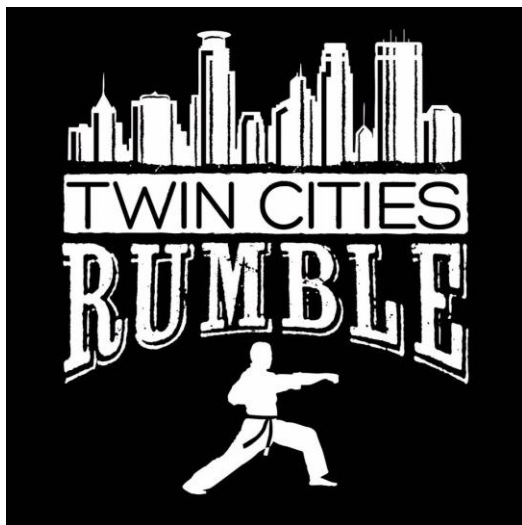
<https://secure.e2rm.com/registant/FundraisingPage.aspx?registrationID=3651674&Referrer=%26Referrer%3dhttp%253a%252f%252fpolarplungewi.org%252flocations%252fmar-4-lacrosse%252fteams-lax%252f#&panel1-2>

California Trip

Sensei Demura is hosting his annual tournament and seminars in February! I have been invited to test for nidan (second degree) in kobudo! (weapons) We will be closing and flying out Thursday, February 23rd, and will get back to La Crosse around 4 on Monday, February 27th, pending no travel delays. (I will post any delays on facebook, so please check before coming.) We will have to cancel Lil' Dragons on Monday, February 27th, but will plan on making the 5 pm and later classes.

Mr. T Demonstration!

I want a warm up! Friday, February 17th at 5:45 I will demonstrate my katas (forms) for nidan kobudo testing, and my tournament forms! There is no charge for this event, although donations to help cover testing, flights, car rental, hotel, tournament and seminar fees would be gladly accepted!



NCKA Tournaments

Here is a flyer to the next tournament, the Twin Cites Rumble which will be held in Andover MN, February 12th!

<https://static1.squarespace.com/static/55db4de2e4b0d4ac0202be47/t/584720ec197aeac7d8bbda59/1481056493397/TWIN+CITIES+RUMBLE.pdf>

The North Central Karate Association (NCKA) have the following tournaments scheduled right now.

2016-17 TOURNAMENT SCHEDULE

FEBRUARY 12 - Twin Cities Rumble

APRIL 2 - NCKA Finals

2017-18 TOURNAMENT SCHEDULE

SEPTEMBER 2017 - MN STATE KARATE CHAMPIONSHIPS

OCTOBER 6-7 - DIAMOND NATIONALS



January Birthdays!

1st Angel Arredondo
5th Taylor Rakes
6th Janelle Parcher
13th Dakota Gruen
16th Randy Thomson
17th Patty Fortner
18th Connie Mumau
19th Ashton Newman
25th Jamie Peaslee
26th Elli Johnson



Baby Randy



December Rank Promotions

Dragon Orange Belt

Lyriq Kumbier

Gold Belt

Ryan Tschumper

Joseph Lemke

Evelyn Lemke

Kezia Lemke

Keya Lee

Purple Belt

Joshua Degenhardt

Red Belt

Ian Johnston

Eskrima Rank Promotions

Student Level 1

Brenner Bertelsen

Student Level 4

Erik Daily

Nick Daily

Student Level 10

Ann Yehle

Myself and these eskrima students are going to Germany in August to train in a castle! Here is more information on our eskrima program! We offer a two-week free trial. (The training is adult oriented, students must be 16 or older!)

<http://inayan.eu/>



The head of IS3 Suro Hart, and the founder if Inayan Eskrima Suro Inay demonstrating important knife defense concepts.

<https://www.youtube.com/watch?v=Le0F4DQ2YJI>