

Task Karate January 2007 Newsletter

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HAPPY NEW YEAR !

**It is difficult not to believe that next year will be better than the old one!
And this illusion is not wrong. Future is always good, no matter what happens.
It will always give us what we need and what we want in secret. It will always bless us
with right gifts. Thus in a deeper sense our belief in the new year cannot deceive us.**

Kersti Bergroth, Finnish writer.

First Annual New Years Training

"It's hard but fun" said Ambrose Metz Beard during our New Years Training. We did **a lot** of Basics, and some advanced stuff too. Thanks to all the Blue Belts and up who helped the beginner kids out.

FINAL SCORE~ Adults 15, Kids 33! So the kids win the challenge!



Teen and Adult Group



Victorious Kids Group!

Gold Star Event; Polar Plunge Coming March 3rd!

This will be the second year that Task Karate has participated in the Polar Plunge. Last year we won best group plunge! It is a Gold Star Event for the school, and a lot of fun! You can get your star by plunging or donating to another Plunger. This is the 9th Annual Coulee Region Polar Plunge and it will be held at the Black River Beach, La Crosse - March 3, 2007

Event Information

- Plunging begins at Noon! (We will get a group plunge time and I will announce it ASAP)

- Plunge Day: On-site registration: 9am
- Concessions, souvenirs and more on site
- Prizes awarded for various contests
- **Kids 9 and under receive each incentive prize by raising half the dollar amount at that level!**
- **Participants must raise at least \$75 to Plunge and get a sweatshirt**

Pre-Registration:

Avoid lines on Plunge day! Bring your pledges and pick up your incentives on the following dates and times:

Thursday, March 1, 2007

- UW-La Crosse, Valhalla A, 10am-2pm, Cartwright Center, 1741 State St.
- Onalaska Center for Commerce & Tourism 4pm-7pm, 1101 Main St. (at 11th St.)
- Boys & Girls Club of Sparta 5pm-7pm, 1000 East Montgomery St.

Friday, March 2, 2007

- Loons on La Crosse (with Howie's), 1128 La Crosse Street; 10am - 7pm

To Join the Task Karate Team online, or to download a pledge form follow this link
http://www.specialolympicswisconsin.org/pp07/team.asp?id_t=181

If you would rather not plunge, but can make a pledge, you can do that here. (You also get to see a Geeky photo of me, no extra charge)!

http://www.specialolympicswisconsin.org/pp07/pledge.asp?id_p=833

Here are some photos from last years plunge on the Special Olympics website!

<http://www.specialolympicswisconsin.org/images/thumbnails/pp06a6l/1400-1430/gallery6.html>

<http://www.specialolympicswisconsin.org/images/thumbnails/pp06a6l/1400-1430/gallery7.html>

Last year we won some Pizza Coupons for best group plunge! After the plunge I would like to meet back at the school for a little pizza party. It will be open to all of this and last years plungers and families. The only problem, it that they are take and bake pizzas. If any of the families would be willing to help me figure out how to get them baked and to the party, I would greatly appreciate it!

We will have our half day schedule this day

9AM All Adults and Advanced Kids

9:45 Kids and Adult Sparring

10:30 White through Blue Kids

11:15 Lil' Dragons

Black Belt Test

On January 20th we will be having a Second Degree Black Belt test for Megan Richason, Colin Smith, and NJ Smith! The time is scheduled for 2:30! These are very dedicated and hard working students and you are all invited to watch them test! We will also be having a Star test for all eligible Black Belts on Monday, January 15th, in class at 6PM. The test will consist of the 2 punching combinations, a form and the 2 one-steps we have been working on!

RANK PROMOTIONS!

DRAGON GOLD BELT

Jaron Skifton

Everett Jones

GOLD BELT

Cole Alberts

Kurt Schuldes

Jacob Shapiro

Trevor Theurer

Raven Bauder

ORANGE BELT

Lauren Gerke

Carter Davis

PURPLE BELT

Joe Bond

BLUE BELT

Sam Lubinsky

RED BELT

Ava Fox

Allan Mach

Dylan Hericks

BROWN BELT

Moriah Harter

BLACK STRIPE BROWN BELT

Neej Patel

BIRTHDAYS!

1st **Ben Hesch**

4th **Alli Plath**

5th **Nathan Fater**

6th **Janelle Parcher**

8th **Lisa Schubert**

11th **Laurie Finn**

16th **Randy Thomson** 🤖

18th **Abby Helmke**

Connie Mumau

25th **Jamie Peaslee**

31st **Adam Meyers**

