Task Karate January 2010 Newsletter

Task Karate School 1100 Kane St. La Crosse, WI. 54603 608-781-TASK (8275)

E-Mail: taskkarate@msn.com

Website: www.taskkarateschool.com http://calendar.yahoo.com/taskkarate

New Years Training

The kids were the winners of the New Years training, winning with as score of 23 to 15.



Teen and Adult group; 15



Kids; 23!

Thanks to everyone that came to the class!

Polar Plunge!

Once again Task Karate is a local sponsor of the Polar Plunge! Here is our team page!

http://www.specialolympicswisconsin.org/pp10/team.asp?id_t=437

Be sure to save the link to check back and watch our team grow! Here is a video of last years plunge, doesn't that look like fun?!?!! http://www.youtube.com/watch?v=7N2HGsCq8TY



Last Chance for 2009 Team Shirt and Sweatpants

The new team shirts turned out pretty good! I will be placing the final order on Wednesday, Jan. 13th. Please let me know asap what you would like. \$20 is the cost.

Quote of the Week!

The chains of habit are generally too small to be felt until they are too strong to be broken.

~Samuel Johnson

Happy Birthday for January!

The computer at the school has passed on, so I have to recover our data base. Make sure to let me know if it's your birthday!

Rank Promotions

Gold Belt
Lakota Cerda-Reyes
Ocean Cerda-Reyes
Amos Magnuson
Kasey Wing
Logan Roisum
Stella Wolfgram

Green Belt
Samuel Barnett
Jonah Snyder
Marc Fortney

Purple Belt Gabe Gregerson Nathen Herzer