

Task Karate July 2004 Newsletter

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Chileda Classic



Participants in the 5K race.

Sandy Shefelbine and her sister, Ethan and Anton Proksch and mom Elaine, Brett Nichols, Jim, Megan and Andy Richason, Jay, Jeanette, NJ and Eli Smith, Pam Groth, Janelle Parcher and Randy Thomson.

Congratulations to Anne Markos on her **10K** race! And Congratulations to Landon Nichols, Anton Proksch, and Trevin and Mason Thomson for their **Awesome Kids Run!** Special thanks to all that donated to the worth cause!

Rank Promotions

Congratulations to the following students; **Alex Cassem**, Dragon Gold, **Joe Bond**, **Kyler Chafer** and **Maggie Helmke**, Dragon Orange, **Jacob Berg** and **Ava Fox**, Orange Belt, **Trevor Peden** and **Erik Snyder**, Green Belt, and **Mitchell Thompson**, Purple Belt! These students are one step closer to **Black Belt!** Great job!!!

Birthdays

Task Karate members celebrating birthdays this month are; **Nirav Patel** on the 1st, **Bradley Judkins** on the 2nd, **The United States of America** on the 4th, **Brian Smart** on the 6th, **Logan Snyder** on the 8th, **Dan Smart** on the 9th, **Anne Markos** on the 13th, **Michael Mutch** on the 20th, **Hallie Snyder** on the 23rd, **James de Lambert** on the 24th, and **Brandon Redenbaugh** on the 26th. Happy birthday to all!

Membership Anniversaries

The following students celebrate one year of membership at our school. **Liz Stromberg-Windau**, and **Austin Peden!** Thank you for your support of **Task Karate!**

Karate Fest

The 2004 **Karate Fest and Hawaiian Luau** will be held on Sunday August 1st. It's always a fun tournament! The Luau is held at Lake Altoona County Park in nearby Altoona, which has a very nice beach! (Free canoe rides!) Classes for extra practice will be held at 5 PM on Wednesday July 21st, and at 6:45 PM on July 29th. See flyer for more tournament information.

Sensei Fumio Demura



Seminar Schedule

This years Seminar will be held on Sunday, July 18th.

10:30-11:30AM Batto-do (sword drawing and cutting)

11:45-12:45PM Karate-do

1:30-2:45 PM Kobudo (Weapons)

The Seminar is held at 223 Center St. (Former YMCA) Winona MN. (507) 452-5009. For more information and interesting facts about Sensei Demura visit <http://www.mnkarate.com>

Member of Black Belt Magazine Hall of Fame (1969, Karate Sensei of the Year and 1975, Man of the Year) and former top tournament competitor Fumio Demura is an expert on traditional weapons and is considered one of the best karate instructors in the world!

