# Task Karate July 2016 Newsletter

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#### **Black Belt Degree Testing**

Congratulations to Taylor Rakes and Kyra Osley for achieving their 2<sup>nd</sup> Degree Black Belt, and to Diva Antony for achieving her 3<sup>rd</sup> degree Black belt! I'm proud of their progress and commitment to the martial arts and Task Karate. Thanks to all the friends and family that came to cheer them on.

Here is a link to their program!

https://drive.google.com/open?id=0B\_QP68QJEwepUVphMUR3U3E5UUE

#### Sensei Demura to visit Winona Dojo & Task Karate

Sensei Fumio Demura plans to travel to the area for his annual visit. This means Task Karate will be closed Friday and Saturday July  $22^{nd}$  and  $23^{rd}$  due to the seminars and the tournament in Winona.

Sensei is planning to come to Task Karate Monday, July 25<sup>th</sup> for two seminars! Please be aware that Sensei is experiencing a few health issues. Thus, I will post any health related updates that could influence the July 25<sup>th</sup> seminars on my Face Book page.

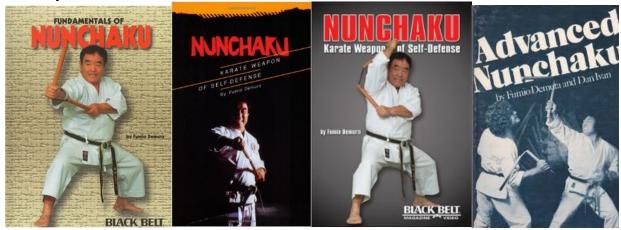
Sensei Demura Seminars Monday July 25

Karate-Do Seminar 6:30 to 7:30 pm

Nunchaku 7:45 to 8:45 pm

The cost is \$20 for one seminar, or \$30 for two.

The seminars will be for all ages and belt levels. Don't miss this chance to train with my sensei!



Some of Sensei's books on Nunchuku

# Special Schedule for Monday, July 25th

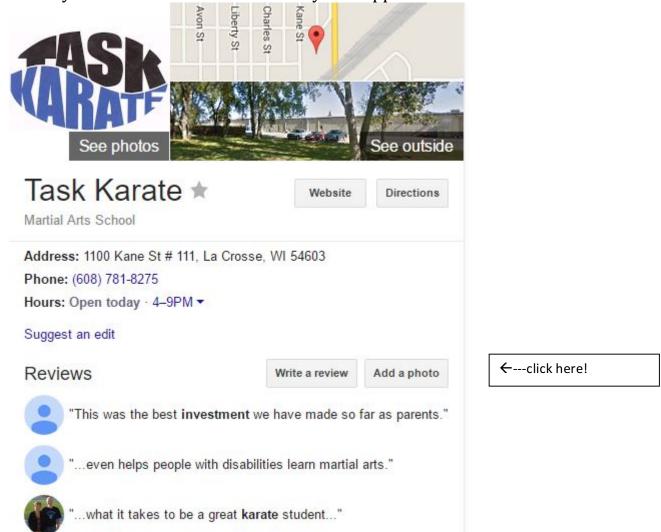
Lil' Dragons as usual, 4 to  $4:45\ pm$ 

Kickboxing from 5:15 until 6:15 pm

No other regular classes this day, please try to attend the seminars with Sensei Demura!

## Google Review

I hope you are enjoying your lessons at Task Karate. It would help if you could give us a five-star review at Google. Simply google us and then click the link that says "write a review!" Thanks for your support.



## Annual Task Karate Camping and Outdoor Classes

Friday July 29<sup>th</sup> and Saturday July 30<sup>th</sup> marks that annual Task Karate camping weekend and outdoor classes at Whispering Pines campground. During this weekend, we have no regular classes at Task Karate but instead hold classes at the campground. The class schedule is as follows:

Friday night, 6 to 7 PM karate Friday night 7 to 8 PM Eskrima Saturday morning 9 to 10 AM karate There is no charge to attend the classes at the campground.

If you are camping, please let them know you are with the Task Karate group so we can all be together! Here is a link to their website. <a href="http://www.whisperingpinescampground.net/">http://www.whisperingpinescampground.net/</a>

#### Coulee Region Free Tournament Fundraiser

The Coulee Region Free Karate Tournament takes place August 29th. Are you getting ready? A link to the flyer for the tournament is located at <a href="https://drive.google.com/open?id=0B\_QP68QJEwepUy1VTjh4MVBUZDA">https://drive.google.com/open?id=0B\_QP68QJEwepUy1VTjh4MVBUZDA</a>
There will be a fundraiser for the tournament Thursday, July 28th from 4 to 8 PM at the North Country Steak Buffet. If you plan to attend this fundraiser, please pick up a coupon at Task Karate. Through this coupon \$1 will be donated for each person and all tips will be donated as well.

#### Task Ice Cream and Pool Party

On Saturday, August 6<sup>th</sup>, we will have our annual ice cream and pool party! We will start out at the North Side community pool, 816 Sill St, (the posted hours for the pool are from 12:30 until 6 PM) and when they close we will move the party to the Black River Beach, 1433 Rose St, for a Gold Star sunset work out, and of course, ICE CREAM! All AM classes at Task are as scheduled for that day. Mr. T. plans to head to the pool at 3:00 PM.



Eku Bo and Eskrima sunset work.



This is the Castle where the summer camp is held!

# Eskrima Summer Camp in Germany with Suro Hart

Three members from IS3 La Crosse, Ann Yehle, Nick Daily and I, are flying to Germany to attend the annual IS3 summer camp. We went last year and it was amazing! Because of this, Task Karate will be closed from August 8<sup>th</sup> through 15<sup>th</sup> due to our participation at this summer camp. I will look forward to coming back to Task and sharing what I've learned with you in our classes.

https://www.google.com/webhp?sourceid=chromeinstant&ion=1&espv=2&ie=UTF-8#q=wewelsburg+castle





The piñata was a "hit" at the picnic last year!

#### Task Karate Picnic and Day Camp August 30th

Our Task Karate Pot luck picnic and day camp at the Myrick Park main shelter will take place on August  $30^{th}$ . Everyone can start to arrive around 5 PM and we will plan to eat at 5:30 PM. Drinks, napkins and silverware will be provided.

DAY CAMP! We will have activities for Task Karate kids from 2 to 5 PM. We will make bo's, do eskrima, make karate booklets, and enjoy other fun and games. The cost to attend our day camp is \$20. Kids who come to the DAY CAMP will be expected to participate in planned activities versus going off into the park on their own. Task Karate parent and/or adult students that would like to help with the camp are welcomed.

# Used Karate uniforms and sparring equipment available!

We have karate uniforms and sparring gear set out at the school that is available for you to take. The items have been left or donated to the school over the years and we are purging and organizing. All uniforms have been washed. Donations for Task scholarship fund (i.e., helps for students who can pay for lessons) accepted.

#### **Business Card Promotion**

Please consider helping promote the school by giving your card to a friend that might be interested in karate! They will get \$20 off their uniform, and you will get a \$20 gift certificate, plus help out your school. The special is good for family members as well!





# July Birthdays!

4 Darien Washingto
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6 - Michelle Burton

14 - Allyse Oliver

15 - Taylor Clayton

26 - Leah Kehr

28 - Kyra Osley



# June Rank Promotions

Gold Belt	Orange Belt	Blue Belt
Malorie Olson	Jens Ruetten	Isabella Braithwaite
Jerry Suhanich	Niki Bergler	Samara Sherin
Caylan Adams	David Johnson	Red Belt
Calessa Adams	Kelsey Johnson	Ashton Newman
Emily Marotz		
Alex Melius		