

# Task Karate July 2010 Newsletter

Task Karate School

1100 Kane St.

La Crosse, WI. 54603

608-781-TASK (8275)

E-Mail: [taskkarate@msn.com](mailto:taskkarate@msn.com)

Website: [www.taskkarateschool.com](http://www.taskkarateschool.com)

<http://calendar.yahoo.com/taskkarate>



## Sensei Demura at Task Karate!

Sensei Fumio Demura will be leading a seminar at Task Karate! We are very lucky to have him at our school. Sensei is a World famous Karate instructor, a 2 time Black Belt hall of fame member, actor, and 9th degree Black Belt! Here are some videos of him on youtube!

<http://www.youtube.com/watch?v=t9IsfkddAME>

<http://www.youtube.com/watch?v=EiP2Xi7shrg&feature=fvw>

The seminars are on Monday, July 19th. (No regular classes that day.)

We will have a Karate/Self Defense Seminar at 6:30 (all belts and ages)

and a Eku Bo (Okinawan boat oar) class from 7:30 to 8:30. The Eku bo class is for green belts and

above that have done the bo before. The cost is \$20 for one seminar, and \$25 for both. I really want Sensei to see what good students we have here at Task Karate, and I also want to support his

visit to our school. It would mean a lot to me if you could attend this event!

## Chileda Classic!

We had another great day for this years race! Thanks to all that were able to run. Here are some pics from the kids race. Please send me any pics you would like to add to this album!

[http://www.taskkarateschool.com/gallery/main.php?http://www.taskkarateschool.com/gallery/main.php?g2\\_view=core.ShowItem&g2\\_itemId=2871](http://www.taskkarateschool.com/gallery/main.php?http://www.taskkarateschool.com/gallery/main.php?g2_view=core.ShowItem&g2_itemId=2871)

## Karate Kid Promotion for Special Olympics

You may know that we are doing a "Karate Kid" promotion to attract new students, and to benefit Special Olympics. The idea was that the movie theater would give one of our flyers to each family that attended the Karate Kid movie. Unfortunately, they only set them out, and not too many were taken, so I am sitting here with about 500 flyers! If you can, please take 5 or 10 flyers and give them to your friends or neighbors, set them out at work, or pass them out any other way you can think of! We will raise money to support Special Olympics, your friend will get a great deal (1 month of karate and a uniform for \$20) and we may get some new students to train with us here at Task! Don't forget to put your name on the back, You will receive a \$20 gift certificate if your referral signs up!

## Flag T-Shirts

I think the new flag t-shirts turned out pretty good! We will be placing a re-order in the next week or so. Last chance to get a cool shirt, and only \$12! Let me know asap

## Quote of the Week!

"The purpose of Karate-Do is to train for your whole life to become the most perfect person you can be!

When you reach that goal, you feel the true value of Karate-Do. I am here to study Karate-Do, for it brings great meaning to my life!" *Shihan Fumio Demura*

## Swimming and Ice Cream Party

Saturday, July 31st, from 6 pm to 7:45 pm at the Northside community pool!

From there we will go to the Northside beach for ice cream! yum!

Swimming is \$2 for kids, and \$3 for adults!



## Camping and Outdoor Classes at Whispering Pines



*Friday night outdoor class!*

Friday August 13th, and Saturday the 14th, we will be having our school camping, and outdoor class event at whispering pines campground!

Class will be at 6:30 on Friday night, and 9 am on Saturday morning. Mention that you are with the Task Karate group and save \$5 off your camping. (\$16 per night) There is no charge for attending the classes, but if you want to swim, you will need a day pass, \$3.

<http://www.whisperingpinescampground.net/index.html>



You guessed it, singing Kum Bay Ya around the fire!

## My Annual Boundary Waters Trip

August 18th to the 22nd. I am looking for Black Belts to cover the classes while I am gone. We may have a special schedule on these days.

## Potluck Picnic at Myrick Park main shelter

Tuesday, August 24th. We can start to arrive around 4, and plan to start eating by 6! No classes this day.



## Rank Promotions

Gold Belt

**Chris Schrader**

**Taylor Richmond**

**Trystan Pohlman**

**Erik O'Brien**

**Ashley Janisch**

**Mitchell Becker**

Green Belt

**Jacob Runyon**

**Alisha Pfaff**

Purple Belt

**Julia Wopat**

**Alexes Antony**

Blue Belt

**Nathen Herzer**

**Gabe Gregerson**

