

## **TASK KARATE SCHEDULE OF CLASSES (KIDS)**

1501 St. Andrew Street, Suite 212 La Crosse, WI 54603  
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| <i>Group</i>            | <i>Monday</i>     | <i>Tuesday</i> | <i>Wednesday</i> | <i>Thursday</i> | <i>Friday</i> | <i>Saturday</i>     |
|-------------------------|-------------------|----------------|------------------|-----------------|---------------|---------------------|
| White Gold              |                   | 6:00 pm        |                  | 5:00 pm         |               | 11:30 am            |
| Orange                  | 4:00 pm           |                |                  | 6:00 pm         |               | 11:30 am            |
| Green<br>Purple         |                   |                | 5:00 pm          | 4:00 pm         |               | 10:30 am            |
| Blue<br>Red             |                   | 5:00 pm        | 4:00 pm          |                 |               | 10:30 am            |
| Brown                   | 5:00 pm<br>1 Hour | 5:00 pm        | 4:00 pm          |                 |               | 10:30 am            |
| Black                   | 6:00 pm<br>1 Hour | 5:00 pm        | 4:00 pm          |                 |               | 10:30 am            |
| Sparring                |                   | 4:00 pm        |                  |                 |               | Brown belts<br>9:45 |
| Weapons<br>(Green & up) |                   |                |                  |                 | 4:00 pm       |                     |
| Mat Class!              |                   |                |                  |                 | 5:00 pm       |                     |

Effective 09/17/2025

**In the mat class students learn groundwork/grappling skills.**

**Testing is usually the last Saturday of the Month! (By invite only.)**

**All classes are 45 minutes in length unless marked as one hour.**

**Sparring Class – Gear is required to participate. Ask for more information.**