

TASK KARATE SCHEDULE OF CLASSES (KIDS)

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<i>Group</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
White Gold		6:00 pm		5:00 pm		11:30 am
Orange		6:00 pm		5:00 pm		11:30 am
Green Purple			5:00 pm	4:00 pm		10:30 am
Blue Red		5:00 pm	4:00 pm			10:30 am
Brown	5:00 pm 1 Hour	5:00 pm	4:00 pm			10:30 am
Black	6:00 pm 1 Hour	5:00 pm	4:00 pm			10:30 am
Sparring		4:00 pm				Brown belts 9:45
Weapons (Green & up)					4:00 pm	
Mat Class!					5:00 pm	

Effective 10/26/2026

In the mat class students learn groundwork/grappling skills.

Testing is usually the last Saturday of the Month! (By invite only.)

All classes are 45 minutes in length unless marked as one hour.

Sparring Class – Gear is required to participate. Ask for more information.