

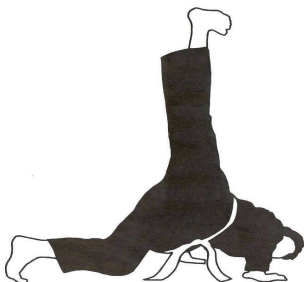
# TASK Karate Newsletter (page 2)

## Hikes...

I have several hikes planned for June. The first two will be at the "Experimental Forest" near Barre Mills. On Saturday, June 7<sup>th</sup>, meet by Famous Dave's- (kitty corner from Valley View Mall) at 3:30pm. We can car pool and drive to the forest from there. It will be about a 30 minute, easy hike. Plan for 10 to 15 minutes drive time each way. On Sunday, June 8<sup>th</sup>, meet at the same place (Famous Dave's) at 9am. This will be a much more challenging hike, about 1 ½ hours or so in length, with a rugged uphill climb! Please wear sturdy shoes, not sandals. You may want to bring sunscreen, bug spray, and a water bottle. Any students, family members, or friends are welcome to come! (Especially Brown Belts!) On Sunday, June 15<sup>th</sup>, (Father's Day) we will meet in the Hixon Forest parking lot (not at the Nature Center) at 6pm, for a sunset hike up to Lookout Point. It's about 1 ½ miles to the top, a challenging climb. Bring your camera!

## Membership Benefits...

I want to add value to your membership at our school. For May, all members will receive a valuable coupon from T-Jo's Pizza. The membership special for June comes from Janelle Parcher & the Consignment Boutique- located just down the block at 1824 George Street. They specialize in New/Used Womens clothing, and are offering 10% off your total purchase if you mention TASK Karate! Please let me know if your business would like to offer something to TASK Karate members, or if you have any other ideas to add value to our membership.



## Spread The Word!

Please grab some passes, which are good for a two-week Trial Membership, and give them to any friends that may be interested in giving Karate a try! Your referrals are the best way for our school to grow! Thanks again for your support!



## Looking Ahead to July...

We will be closed Friday July 4<sup>th</sup>. On Saturday, July 5<sup>th</sup>, all students and their families are encouraged to attend the Chileda Classic held near Riverside Park. If you have never been to a race like this, it is VERY EXCITING! There is a 3.1 mile run/walk, as well as a 6.2 mile run/walk, and a shorter kids race (12 and under) around Riverside Park. Watch the school for more information. There will be no regular classes that day, but I will have some special classes in the afternoon. Kids Class (all levels- including Li'l Dragons) will be from 2 until 2:45pm- then Adult Class (all levels) from 2:45 to 3:30pm. Both are special "No Uniform" classes! Also in July- from July 23<sup>rd</sup> through July 26<sup>th</sup> - TASK Karate will be closed for my eighth annual trip to the Boundary Waters Canoe Preserve.

