## Task Karate May 2008 Newsletter

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## Bring a Buddy, Break a Board!

We are going to have a special promotion at the school from 3:30 to 4:30 on Saturday, May 17th, and it's free! The catch is you have to bring a friend or relative who may have an interest in trying karate classes. We will do a class and work on how to side kick and what it takes to break a board. Then you and your friend each get a real board to break! We will have 12" boards for the bigger kids, and 9" boards for the smaller kids. We are going to limit the class to 40 students, so ask your friend and sign up as soon as possible! Have your friend dress in loose clothes and get ready for some fun!



# **Tournaments**

Wow! I had to leave early to go to a demonstration, but it looked like Task Karate did really well at the tournament. It looks like we had around thirty competitors! Good job to everyone involved!





Also congratulations to Alex and Austin Thompson for their participation in the *Valley Rumble* on Sunday!

#### NRA Basic Pistol Course for Women

The La Crosse Rifle Club is presenting the "Women on Target" Basic Pistol course. The classroom session is June 19th and the range session is June 21st. One of our Black Belts Mr. Dennis Fater is putting on the program! He is offering a \$10 discount to any Task Karate student! (You must mention this) Advanced registration is required. You can sign up by calling Mr. Fater at 608-782-5954 or by e-mail at <a href="dvnlfater@msn.com">dvnlfater@msn.com</a> Please grab a flyer, which has much more information, at the school if interested.

## Coming in July~ Sensei Demura!

When Sensei Demura visits the Winona Dojo this year, he has agreed to teach a seminar at our school!!! This is a great honor for me and a good chance for Task Students to train with a man that is considered one of the top Karate instructors IN THE WORLD. He will be here Monday, July 21st and will teach Karate self defense, and kobudo (weapons) classes. Watch for more information, and please plan to attend!

Info on Sensei; <a href="http://www.genbu-kai.com/instructors.html">http://www.genbu-kai.com/instructors.html</a>

### Quote of the Week!

PERSONAL RESPONSIBILITY "Refuse to make excuses or blame anyone for anything." Brian Tracy

## **Rank Promotions**

Gold Belt

Brenda Brown

**Beverly Burand** 

Theo Hotchkiss-Hauser

**Thor Kolkind** 

**Chuck Kolkind** 

Mike McGuire

**Ethan McGuire** 

Felix Muenzenberger

Doug Muenzenberger

Orange Belt

**Isaac Mitchell** 

Purple Belt

**Andy Klinge** 

**Hannah Larson** 

**Minda Tressic** 

**Anthony Tressic** 



The New Task Karate Onezie!

(My Niece Ambers baby Kaydence)