Task Karate September and October 2014 Newsletter

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E-Mail: Taskkarate@msn.com

Website: www.taskkarateschool.com/taskkarate

Facebook

please check out and "like" the Task Karate page!

http://www.facebook.com/pages/Task-Karate-School-La-Crosse-

Wisconsin/181603011868491?ref=hl#!/pages/Task-Karate-School-La-Crosse-

Wisconsin/181603011868491

Wanna be my friend?

http://www.facebook.com/randy.thomson.10



shhhhhhhh!

If you are a Task Karate student or parent and not on our "secret" Task Karate facebook page, please let me know!

Closed for Maple Leaf Road Races/Parade-Gold Star Event!

This is a great run or walk, it goes down the parade route!

Choose a distance between 1 mile and 13,

but you need to sign up soon, the race is Saturday, Sept 27th!

I'll see you there!

Here is more info on the race

http://myemail.constantcontact.com/Early-Oktoberfest-Button---Shirt-Pick-up---YMCA-Maple-

Leaf-Walk-Run-presented-by-Ballweg-Midwest-

Toyota.html?soid=1101821511400&aid=fM6qejJSlzE

Minnesota State Karate Championships

Here is the flyer for the tournament!

http://www.nckablackbelt.com/assets/minn_state_sept_2014.pdf

Several Task students will be attending!

This is always one of my favorite tournaments!



Mr. Cassem Second Degree Test!

Mr. Paul Cassem will be testing for his Second Degree Saturday, October 4th at 1:30 pm! Please come and cheer him on!

We Want You Back!

We would love to have some of our former student get back into class! If you have any questions or concerns, please let me know! I will offer a free uniform to any former student that returns in the month of October!



Halloween Party/Teen Adult Class Our Halloween party will be Thursday, October 30th, from 5:30 until 7!

We will have games and candy!
Parents can bring candy and treats if you'd like!
All teens and adults (white through Black)
will have a special knife, ninja star,
and throwing class from 7:45 until 8:30.
(No regular classes)

Diamond Nationals Closed Friday and Saturday October 10th and 11th

The Diamond Nationals karate championship are very inspirational! Task Karate will be having a dozen or so students attending! Here is a link to their website, please let me know if you have any questions!

https://diamondnationals.com/

Brady's Bluff/Gold Star event!

Meet at the boat landing across from Trempealeau Mountain <u>SUNDAY</u> October 19th at 1 pm! The hike to the top of Brady's Bluff is steep so be aware that it is a bit challenging! We come down the front of the bluff and then walk back to the cars, plan on a couple hours!



Dancing with the Stars

I'm not sure what I've gotten myself into, but I will be in the La Crosse Area Dancing with the Stars Saturday, November 29th! Here is a link to our page to donate to the cause! https://www.crowdrise.com/TeamTaskForce



Here is a link to our facebook page to follow along with special events we may be planning! https://www.facebook.com/pages/Dancing-with-the-La-Crosse-Stars-Team-Task-Force/1536597373221066

Here is some info on buying tickets!

Team Task Force has some exciting news for all of our supportive family, friends, and fans: TICKETS ARE ON SALE NOW!

The Dancing with the La Crosse Stars show is on Saturday, November 29th at 7pm. If you would like to sit in TEAM TASK FORCE'S Fan Section, which we know all of you do , Please contact Randy Thomson of Task Karate School La Crosse Wisconsin or Stephanie Lightbody of Amanda's Academy of Dance! They will reserve you a ticket in exchange for \$20; the ticket price is included in each team's overall fundraising efforts and benefit the American Red Cross Scenic Bluffs Chapter!



In eskrima we earn medallions instead of belts!

Eskrima Classes!

I am very excited about the eskrima program we have at our school! We we honored to have the founder and leader of our system Suro Emanuel Hart lead some seminars at Task Karate recently! Thanks to all the attended.



kids class!



open teen and adult!



IS3 eskrima students



Madison Seminar!

Congratulations to our eskrima students and their recent promotions!

- Brian Bollom Student Level 3, Bronze Medallion! Ann Yehle Student Level 4!
- Randy Thomson Student Level 9, Silver Medallion!

Special! Four Free Lessons! Try our Eskrima Classes!

Wednesday at 6:45 or Friday at 6:30! Get free Sinawalli Sticks and a case if you sign up, \$30 value! For more information check out our website http://inayan.eu/

Black Belt Test!

We will be having a test for Black Belt Saturday October 18th!
We have up to 9 students testing so it will be a full house.
We may have two tests, I'm still working out the details, but testing is scheduled for 1:30!
Task Karate black belts please try to attend!
Brown belts should come and watch to see what they have coming up!

Quote of the Week

Fall has arrived.
Behold the changing leaves, and enjoy the crisp breeze.
Let your eyes take in the bursts of color.
Transformation is afoot and hope is in the air.
Read more at http://www.beliefnet.com/Inspiration/2009/09/Fall-Autumn-Quotes.aspx
Here's a good one

"Autumn is a second spring when every leaf is a flower."

Albert Camus



September Birthdays!

1st Julian Tucker

3rd Ian Johnston

8th Nicholas Dearman

10th Luis Arredondo

14th Logan Yehle Mason Yehle

15th Benjamin Rivera

18th Sarah David

25th **Andy Smith**

26th Sheryl Gora-Bollom

28th Gunnar Nagy

29th Riordan Staffaroni

October Birthdays!

2nd **Jameson Jones**

3rd Kim Cassem
Kyler Drogseth
Isabella Braithwaite

4th Emily Ross

5th **Diva Antony Ahna Fuchsel**

8th **Diana Durall**

9th Caleb Mattison

10th Sophia Spilde

12th Mary Cortesti

13th Ocean Cerda-Reyes

14th Morgan Kakuska

19th Aydan Dearman Erik O'Brien Elena Kind

24th Thomas Gregerson

29th Dayne Hoff

25th Lisa Olson

31st **Trevin Thomson Michael Leone**



August Rank Promotions

Dragon Green Belt Gunnar Nagy Caleb Mattison Loriana Jones

Gold Belt
Ian Johnston
Lilly Ekern

Orange Belt
Leo Chen
Vicky Chen
Kaydence Tanke
Elise Gautsch
Corey Sanders

Blue Belt **Aaron Swan**

September Rank Promotions

Gold Belt Isaiah Steinfeldt Hayden Steinfeldt

Green Belt Jasper Moesch Oscar Moesch

Purple Belt
Ian Virock
Angel Arredondo
Luis Arredondo
Elijah Goodman