

# Task Karate November 2016 Newsletter

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## New Black Belts!

Congratulations to William Bishop and Peter Revels on achieving their Black Belts! Thanks to the Black Belts that were able to attend the testing.

## Testings for November

Beginner testing will be held on Friday November 4<sup>th</sup> and advanced testing is November 18<sup>th</sup>! Both testings are at 5:45.

## Closed for Thanksgiving!

I am thankful for my students, their families, and our school! I hope you are enjoying your lessons and receive good value from them.



## Gold Star Event-Food Drive!

We are collecting non-perishable food items to donate to the Salvation Army food pantry to help out the areas needy this year at Thanksgiving time. One star for each karate student! Bring a can, or a bag, it all helps.

## Task Karate Gear Order

We are taking orders for Task Karate gear! Hats, hoodies, t-shirts and more. Grab an order form or download one here.

[https://drive.google.com/open?id=0B\\_QP68QJEwepT090VTJDZUQtSEk](https://drive.google.com/open?id=0B_QP68QJEwepT090VTJDZUQtSEk)

Please place your orders by 12/05/16

## Self Defense Classes

We've had some requests for self-defense classes. We will hold a couple of classes on Saturday, November 12<sup>th</sup>. The first class will be for kids. It will meet from 2 until 3 pm. The cost is \$10. The second class is for teens and adults, and it will be from 3:15 until 5:15 pm. The cost is \$20. We will be teaching ideas on how to de-escalate a confrontation, how to use your awareness to avoid possible dangerous situations, and what to do when you have no choice but to stop an attacker. We will also talk about bullying in the kids class. Please consider inviting your friends and family that aren't in karate to these events.



## Ten Rounds of Sparring Black Stripe Challenge!

One of the six challenges brown belts face is the ten rounds of sparring challenge. We will hold it Saturday, November 19<sup>th</sup> at 9:45 am in the regular sparring class. Any brown belt that has not done this challenge is invited to attend. We would also appreciate any black belts that can make it to come and help out with this event.

## Holiday Catalogs and Task Karate Discount

We have Century Martial Arts and Asian World of Marital Arts holiday catalogs available! We offer discounts on your orders. \$50 to \$99~ 5%, \$100 to \$149~ 10% and \$150 and over receive a 15% discount. No shipping charge for your orders. Items usually arrive within 1 to 2 weeks.

## Introduction to Sparring Class

As you progress in karate, learning to spar is required. We are going to have a class where you can come and learn about, and try sparring. You will get a chance to do some drills, learn what the rules are, and find out what gear is required. Most students really enjoy it once they see what it's like! The class will be Saturday, December 3<sup>rd</sup>, from 1:30 until 2:30 and it is for kids and adults. I'm also asking current advanced sparring students to come and help teach the class!

## Group Photo and all School Work out! Thursday 12/8

At the end of each year we like to take a group photo of our students for our New Years calendar. Since we have everyone together we've made it into a group class. It's a chance to train with some of the other students that might not be in your class. Kids of all ranks and ages will come for the photo and then the group workout from 5:30 until 6:45. All Teen and Adult students will take the photo and have their workout from 7 until 8:30 pm. No regularly scheduled classes this evening. (Sparring will still be at 8:30)

## Nunchaku Seminar

We will have a nunchaku seminar Saturday, December 17<sup>th</sup>, from 1:30 until 3 pm! We have some chucks you can use, or you can order your own! The cost of the seminar is \$10. Here are some decent chucks at a great price! What color do you want?!?



**FOAM PADDED ZEBRA CHUCKS**

**NEW!**

Dynamically light-weight. PVC core with shock foam grip. Round handle with 4" nylon connection. 12" long x 1-1/4" diameter sure grip. 6 color combinations to dazzle with!

**\$9.95 PR.**

black/pink	black/blue	black/red	black/gold	black/white	red/yellow
#2214	#2213	#2211	#2212	#2215	#2216



## Nidan Testing (second degree) For Kobudo Black Belt!

I have been invited to test for Nidan in weapons under Sensei Demura! I'm honored to be considered. Part of the reason you may have noticed some extra events coming up is to help fund the trip to California! It's time to get busy training for the test!

## Fifth Degree Black Belt

It's been a year since my test! Many of you were a part of the test and it was a very special event for me.





## November Birthdays!

2 <sup>nd</sup> Alex Cassum
8 <sup>th</sup> Erin Jarvis
9 <sup>th</sup> Lynn Donskey
11 <sup>th</sup> Evan Pericak
17 <sup>th</sup> Stacy Osley
13 <sup>th</sup> Kevin Kind
13 <sup>th</sup> Dakota Gruen
20 <sup>th</sup> Mason Thomson
20 <sup>th</sup> Janelle Perry
21 <sup>st</sup> Trevor Devine
22 <sup>nd</sup> Evelynn Vue
25 <sup>th</sup> Nicholas Buege
26 <sup>th</sup> Brenner Bertelsen



## October Rank Promotions

**Dragon Gold Belt**

Lyriq Kumbier

**Gold Belt**

Caleb Sievert

Elijah Sievert

Joey Stennes

**Orange Belt**

Kai Vargas

Emily Marotz

Alex Melius

Malorie Olson

**Green Belt**

Dylan Payne

Lauren Mavrantonis

Darien Washington

Caleb Mattison

**Blue Belt**

Taylor Clayton

**Black Belt**

Peter Revels

William Bishop

