

Task Karate October 2020 Newsletter

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Visit our website <http://www.taskkarateschool.com/>

Or facebook page <https://www.facebook.com/pages/Task-Karate-School-La-Crosse-Wisconsin/181603011868491>

Be my friend! <https://www.facebook.com/randy.thomson.10>

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58 Katas!

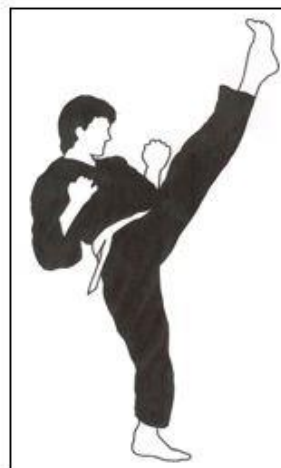
58 Katas performed by Randy Thomson! I got the idea in class one day right around my 58th birthday! Demonstrations of my favorite katas (forms) and some interesting info and my personal insights as well! I will perform at Task Karate, 10/10/20 4:30 pm! (limited attendance.) The presentation will be available on Facebook live, and also recorded! I'm doing this entertaining and educational event to share my knowledge of karate and as a fundraiser to help pay my personal taxes! If you'd like to make a donation, please make checks out to Randy Thomson, and send to 1100 Kane St. La Crosse, WI 54603 I'm just figuring this out, but you can donate through venmo by going to @Randal-Thomson Thank you. Here is a link to the 58 katas with commentary, photos, and links to more information!

[https://drive.google.com/file/d/1vLZ-](https://drive.google.com/file/d/1vLZ-U_puPv9RTpNumVwjlu23t5LvG2WC/view?fbclid=IwAR36g5jzw8tMkKEUk4v7uwws0osHS1WnBc9ksKgszrBqdk4ffDcQLifoFjk)

[U_puPv9RTpNumVwjlu23t5LvG2WC/view?fbclid=IwAR36g5jzw8tMkKEUk4v7uwws0osHS1WnBc9ksKgszrBqdk4ffDcQLifoFjk](https://drive.google.com/file/d/1vLZ-U_puPv9RTpNumVwjlu23t5LvG2WC/view?fbclid=IwAR36g5jzw8tMkKEUk4v7uwws0osHS1WnBc9ksKgszrBqdk4ffDcQLifoFjk)

58

Kata!



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Can Karate Class Count as My Child's Physical Education Class?

Given our current pandemic, families are looking for creative ways to support their children during online learning. With that, we've fielded the following question.

Question: Can regular participation in karate class satisfy my child's physical education requirements required by their school/district.

The answer: Varies dependent on school district.

Know that some students participating in the Coulee Region Virtual Academy are satisfying PE requirements via their participation at TASK. In addition, various students who are homeschooled use their participation at TASK to satisfy their physical education expectations. Further, students who participate in various charter schools have satisfied requirements at TASK and more recently, this is becoming more common amongst students in the general public education setting.

As a FYI, the State of WI Department of Public Instruction has established the following guidance in regards to physical education.

- K-6th Grades - Physical education 3 times per week for what would be considered a "regular" class period (i.e., 30-45 minutes) throughout the duration of the school year.
- 7-8th Grades - Physical education 3 times per week for the entire school year.
- High school - 1.5 credits in order to graduate. 1.5 credits generally equals three courses that span one semester in length.

If you want to explore this option for your child and have questions, don't hesitate to reach out to Ms. Yehle at TASK or ayehle@uwlax.edu or 608-217-1114.



My Boys awhile back!

Brady's Bluff Hike, Gold Star Event!

I sure hope this wonderful weather holds out for our hike! We will be leaving Task Karate as a group on Saturday, October 24th, at 1pm. The hike up Brady's bluff is steep! The view is worth it. There is an \$8 per vehicle day pass charge to visit the park. I called to see if the drive up was open, and they thought it would be, but recommended you bring exact change if we have to pay at the self-service box.

Halloween Party!

Boo! Task Karate is famous for our awesome Halloween party. We won't be able to have the usual event, but we will do something! No regular evening classes Thursday, October 29th, watch for more information on what we will do. If you would like to donate a bag of candy to the event, please drop it off between Saturday, 10/24, and Tuesday, 10/27 (ore before) so we can create some sweet treat bags for the kids! (and Mr. T) 😊

New Location!

We are hoping to move into our new location on November 15th!!! I will keep everyone posted on the details as we find out more about them. I sure appreciate all the offers to help us move, I will probably take you up on that!

Pay Your Tuition with Our App!

There is a small fee, but you can pay your tuition with this link. If you have multiple family members, let me know and I will give you the discount code for them. (Set the start date for the 1st, so you don't over pay.)

Our studio code is our phone number 6087818275 Here is a link to sign up the first family member.

<https://www.mystudio.academy/m/?=6087818275/779/6820//1585605089>



October Birthdays!

- 1st Kazi Rayhan
- 1st Grace McConaghy
- 4th Emily Ross
- 5th Diva Antony
- 5th Kansas Christopherson
- 9th Caleb Mattison
- 13th Kai Vargas
Kaiden Lander
- 19th Aydan Dearman
- 19th Elena Kind
- 23rd Taylor Amann
- 23rd Esme O'Neill
- 26th Isabella Beville
- 29th Lexus Gleason
- 31st Trevin Thomson



September Rank Promotions

Green Belt

Max Mahairas

Augie Mahairas

Purple Belt

Tristan Hodson

Blue Belt

Caleb Sievert

Brown Belt

Andrew Revels



Fall Seven Times,
Stand Up Eight.

-Japanese Proverb

