

Task Karate August 2021 Newsletter

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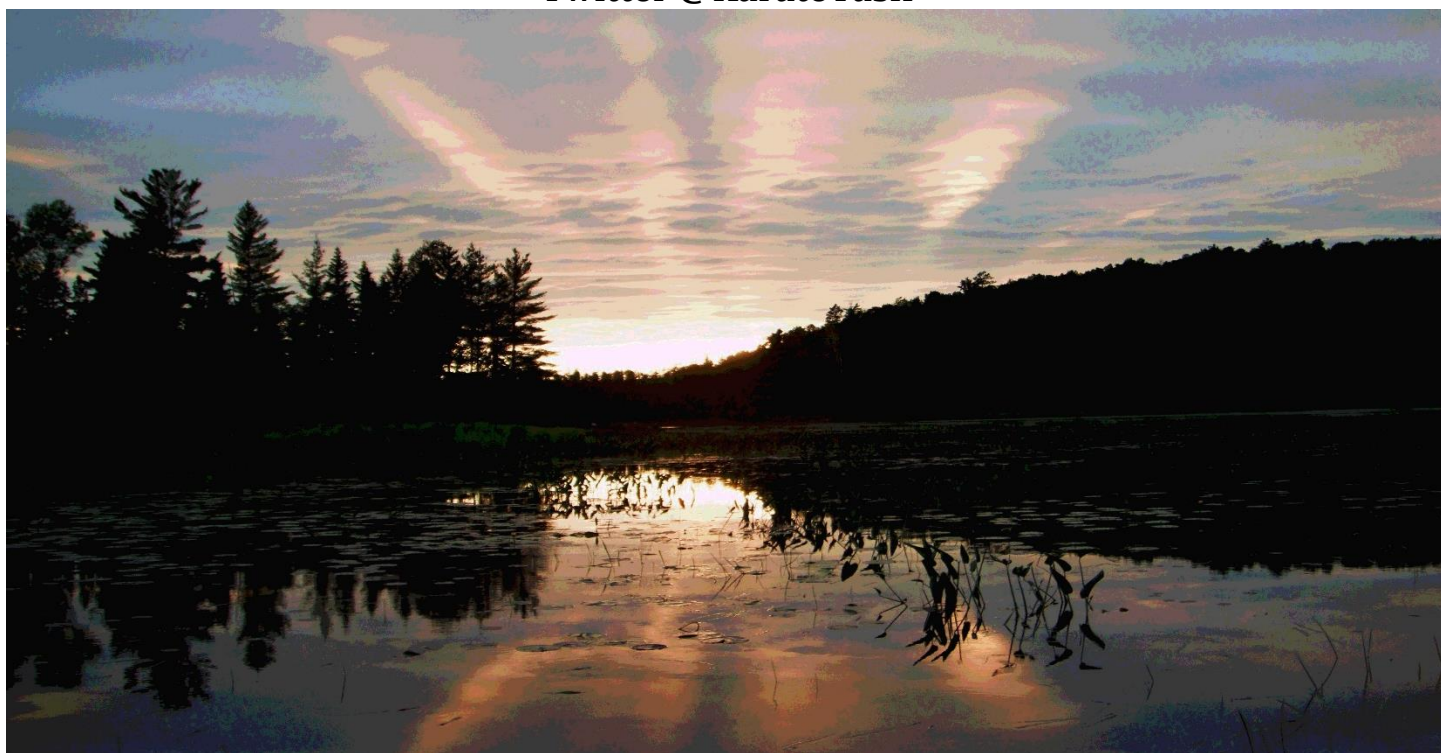
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Free Beginner Nunchaku Class!

Thursday, August 12th at 6 pm Task Karate students are invited to try a nunchuck class! The class is geared to beginner level kids, but anyone is invited to attend! We have nunchucks you can borrow, or there are a few available for purchase, \$10!





Coulee Region Free Tournament and Extra Training!

The tournament will be held at Onalaska High School (**700 Hilltopper Pl, Onalaska, Wisconsin 54650**) on Sunday, August 22nd! I encourage our students and families to attend, as spectators or competitors. I also hope we can get some Task Karate Black Belts to help with the judging. We are also in need of volunteers to help with the scoring and timing.

The divisions are BOARD BREAKING, FORMS, WEAPONS FORMS, SPARRING, AND TEAM FORMS. All Task Karate students know how to break boards. You would have to know your whole form in order to compete in the forms or weapons division. Sparring is for students that have the gear and have practiced sparring. We will be working on tournament preparation in class this month, and will have a couple of extra opportunities for students to prepare!

- Saturday, August 14th at 12:30.
- Thursday, August 19th at 6 pm.

Please let me know if you have any questions!

Motivational Quote!

When summer opens, I see how fast it matures and fears it will be short; but after the heats of July and August, I am reconciled, like one who has had his swing, to the cool of autumn."

– Ralph Waldo Emerson.

"Rest is not idleness, and to lie sometimes on the grass under trees on a summer's day, listening to the murmur of the water, or watching the clouds float across the sky, is by no means a waste of time."

— John Lubbock.



August Birthdays!

2nd Tom Johnson
4th Abram Rehman
5th Carissa Hanson
6th Ruth Thomson
15th Jesse Tenner
23rd Susan Wackett
27th Carter Wilkins
28th Symantha White
28th Amanda McConaghy



July Rank Promotions

Orange Belt

Sebastian Vue
Stella Sievert
Oliver Hauser
Samson Kittleson

Purple Belt

Parker Botcher
Avah Connaughty