

# Task Karate August 2025 Newsletter

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the  Y

**SATURDAY**  
**AUGUST 2, 2025**  
R.W. Houser YMCA

Black Belt Meeting at 9:00 am  
Line Up and National Anthem at 9:30 am  
Tournament Begins at 10:00 am



## Y Tournament!

The tournament will be held at the Onalaska YMCA, Saturday, August 2<sup>nd</sup>! We will still be holding classes at Task that day. Below is the information that we received!

Hello Martial Arts Families!

### TOURNAMENT REGISTRATION

The annual YMCA Martial Arts Tournament is approaching quickly! We still have spots for competitors open. However, it has been brought to our attention that the member portal is currently not functioning in preparation for our transition to our new software, i.e. our QR code and registration link is NOT functioning.

If you would like to register for our tournament on **Saturday, August 2, 2025**, you can respond directly to this email with the following information:

*Participant's Name:*

*Age:*

*Height:*

*Weight:*

*Any medical concerns, injuries or special needs the judges need to be aware of:*

*Martial Arts school:*

*Current rank (belt):*

*And what events you are participating in:*

*-Forms*

*-Weapons forms*

*-Judo Game*

*-Sparring*

*-Board Breaking*

I will be able to put in the registration for you. We apologize for any inconvenience this has caused.

### **VOLUNTEERS STILL NEEDED**

We are always in need of extra help. If you would like to volunteer for the day, we have need of the following:

*-Time keepers*

*-Score keepers*

*-Sign-in table*

*-Concessions*

*-Sales/Awards table*

We will take \$5 off the registration for your competitor for volunteering and make sure you are able to still watch them compete. If you have already registered, we will refund the amount.

Thank you and we'll see you at the tournament!

**Grace Vangyija** ([she/her](#)) | Arts & Humanities Director

LA CROSSE AREA FAMILY Y

Dahl Family YMCA | R.W. Houser Family YMCA

608.519.5514

**The Diamond Nationals! October 10<sup>th</sup> and 11<sup>th</sup>!**

The biggest tournament of the year! <https://diamondnationals.com/>



## Gear Order by Request!

This design is pretty cool, so we are giving you another chance to grab one! T-shirts \$20, hoodies \$35! Let us know by August 9<sup>th</sup> if you'd like one!



## Beach Work Out and Ice Cream Party!

We will meet at the Northside Beach on Saturday, August 9<sup>th</sup> at 3 pm for our beach work out! No uniforms required! The training will be followed by some ice cream! Sometimes families come early to do some swimming before our class.

## Self-Defense Class

Our self-defense class is a two-hour introduction to the many aspects of keeping yourself and your family safe. The class will be held on Saturday, August 16<sup>th</sup> from 1 to 3 pm. Here is a video describing how to be aware of an attack as it is developing or before it happens. Warning, some examples are graphic.

<https://www.youtube.com/watch?v=XPbCw9pV90c&list=PL2ZMePpgyYFUzipv0qEb8s3nW4zQ2RHhx&index=1>



## Closed Saturday August 30<sup>th</sup> and Monday 9/1, Labor Day

We will be closed these days so I can head out the Boundary Waters for a fishing trip!  
Thank you, Ms. Yehle, for covering classes on Thursday and Friday!



*Nice beach site on Pipestone Bay!*

## Schedule Change Starting 8/11/25 and Eskrima Class!

The schedule seems to be working pretty good, please let me know if you have any problems concerns! We are making a couple of small changes.

- Green and purple belt kids that spar on Tuesdays will be able to attend the 5 pm class after sparing. (Class for all green/purple, not just sparring.)
- Brown and black belt kids are added to the 4 pm Wednesday class
- After that class on Wednesday, we are adding a kids eskrima class! (green/purple will be on Tuesday now instead of Wednesday.)
- Not a schedule change, but brown belt kids should start attending Saturday morning 9:45 teen/adult sparring class to prepare for their black belt test!

Let me know if there are any questions or concerns, we will start this on the August 11<sup>th</sup>! You will be able to get the schedule on our website (soon) or we can print you one.



*Part of the teen/adult testing group!*



## July Rank Promotion

### **Gold Belt**

Grace Bouska  
James Foreman  
Riley Flood  
Sabrina Flood

### **Orange Belt**

Dannie Mattison  
Liam Knoll  
Gotham Ahnefeld



Ethan Eady

**Green Belt**

Jenni Bauer

Poppy Curtis

Nathan Kuecker

Henry Shuldt

**Blue Belt**

Caleb Larson

Ethan Thompson

Patricia Duncan

Lila Fruehling

Rowan Inge-Kvam

Trulen Boldt

Ira Forman

Caleb Larson

Hugo Unnasch

Brody Jacobson

**Red Belt**

Kate Mattison

Paul Glenz

**Brown Belt**

Jensen Zobeck

Caleb Mattison



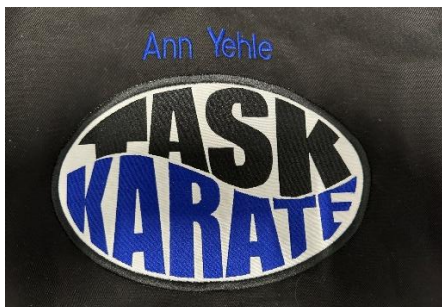
*Day class!*



*Good looking group!*

## Upcoming Testing and Black Belt Test!

We will be having our next kids testing on Saturday, August 23<sup>rd</sup>, at 12:45 pm. We also plan to move the teen/adult testing to Saturdays, starting at 2 pm. Hopefully that will work out for everyone. Testing is by invitation only! Coming up September 20<sup>th</sup> we will be having some of our Task members testing for their black belts and black belt degrees! We have other students scheduled to promote in December as well! If you are planning on the September test, please return your forms as soon as possible, so I can get the belts and uniforms ordered and monogrammed!



## Uniform Monogramming!

We usually don't offer it, but you don't have to be a black belt to wear a monogrammed uniform. The cost of monogramming is \$40 and does not include the

uniform. (I just thought I would put this out, as we having a black belt test coming up!) They will also sew on patches for \$6 each, patches not included! If you are interested, let me know as soon as possible! You could monogram your current uniform, or we can order you a new one! Uniforms will be taken to be monogrammed around September 1<sup>st</sup>.



## August Birthdays!

2<sup>nd</sup> Tom Johnson

4<sup>th</sup> Abram Rehman

5<sup>th</sup> Carissa Hanson

8<sup>th</sup> Tyler Brown

13<sup>th</sup> Turlen Boldt

14<sup>th</sup> Malina Brown

15<sup>th</sup> Lily Duncan

21<sup>st</sup> Campbell Stanley

22<sup>nd</sup> Jack Thompson

23<sup>rd</sup> Susan Wackett

27<sup>th</sup> Carter Wilkins

28<sup>th</sup> Symantha White

28<sup>th</sup> Amanda McConaghy

*Please let m know if I missed your birthday, I will add it to my list!*



*Bob says you want this shirt! Or hoodie!!*





*My peeps!*