

Task Karate January 2022 Newsletter

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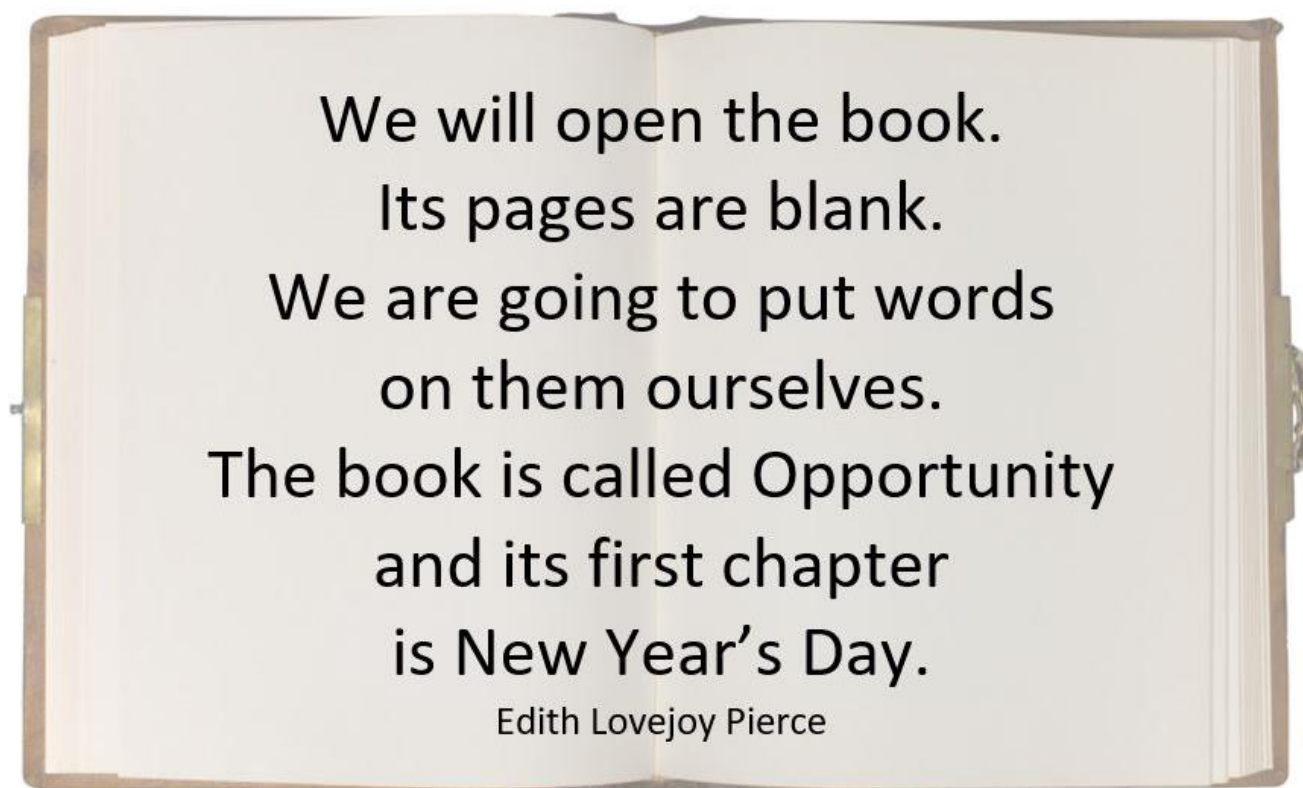
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We will open the book.

Its pages are blank.

We are going to put words
on them ourselves.

The book is called Opportunity
and its first chapter
is New Year's Day.

Edith Lovejoy Pierce

Happy New Year!

Here we go, another year, more challenges and opportunities! I sure am grateful for the health I have, my family, and karate family and the opportunities I have in my life. Thank you all for being a part of it. We have New Year's training on January 1, 2022, 5 to 5:45 for all kids, 6 to 7 for all teen and adults! Gold Star event! We will be back to our regular schedule after that!

Motivational Quote!

It is difficult not to believe that next year will be better than the old one! ... And this illusion is not wrong. Future is always good, no matter what happens. It will always give us what we need and what we want in secret. It will always bless us with right gifts. Thus in a deeper sense our belief in the new year cannot deceive us.

- Kersti Bergroth, Finnish writer

Sword or Bokken Training

We are going to stay focused on the bokken training for the month of January as well. Sensei Demura has released some training videos over the last year. Here is a link to the download of the video I have been working on. I have done this training with Sensei Demura in person as well!

<https://go.platformpurple.com/shop/160823?product=147578&e=martialartsmastersmagazine> or DVD <https://em3video.com/samurai-sword-batto-do-series-vol-1-seven-notokome-kata-toyama-ryu-kata-by-fumio-demura/>

These are some of the things we are teaching in class, the notos, and 8 beginner, and 8 intermediate katas!



Fumio Demura



January Birthdays!

5th Taylor Rakes

Katie Sullivan

6th Janelle Parcher

6th Tayven Kader

7th Bruce Jensen

16th Randy Thomson

18th Connie Mumau

Finn Erickson

19th Ashton Newman

19th Justus Wood

22nd Cyra Wilkins

25th Jamie Peaslee

26th Elli Johnson

29th Cameron Knox





December Rank Promotions

Gold Belt

Abby Elder

Melanie Wittman

Chloe Magnusson

Neven Peterson Gianunzio

Oscar Levendoski

Henry Levendoski

Reagan Levendoski

Savanah Kubash

Adam Korger

Seamus Johnson

Madyson Christopherson

Alivia Butterfield

Nova Bergsten

Orange Belt

Robbie Hodson

Blue Belt

Aubrey Crawley

Avah Connaughty

Parker Botcher

Brown Belt

Caleb Sievert

