

Task Karate January 2025 Newsletter

1501 St. Andrew St. Ste 212 La Crosse, WI 54603

Phone 608-781-8275 E-mail taskkarate@gmail.com

Visit our website <http://www.taskkarateschool.com/>

Or facebook page <https://www.facebook.com/pages/Task-Karate-School-La-Crosse-Wisconsin/181603011868491>

Be my friend! <https://www.facebook.com/randy.thomson.10>

New Years Training!



The kids win again! The teen and adult group works “very creatively” to get the win, but to no avail.



Nice try~

Polar Plunge!

The Polar Plunge is coming up in March. We are considering if we want to put a team together again this year, what do you think?

Here are some videos of Task Karate's previous plunges!

<https://youtube.com/playlist?list=PLIMFabnRAZ83ZsCpWz5ge1V5IYmM-zgtM&si=-V1ofVtyCDhPzQKh>



January

5th Taylor Rakes

Katie Sullivan

6th Janelle Parcher

6th Tayven Kader

16th Randy Thomson

18th Connie Mumau

19th Ashton Newman

22nd Cyra Wilkins

25th Jamie Peaslee

26th Elli Johnson

CRASH!

My computer went down, and I didn't have the list properly backed up, so I'm sorry if I missed your birthday. We will be updating our information in the new year.

A Good Plan!

Here is a video from one of my favorite motivational speakers!

https://youtu.be/nu5I85_YAak?si=z31Y1ibldNZolCwz



December Rank Promotions

Gold Belt

Dannie Mattison
Gotham Ahnefeld

Orange Belt

Marlo Ellefson

Green Belt

Ethan Schreier

Purple Belt

Hugo Unnasch
Ira Foreman
Caleb Larson