

Task Karate July 2021 Newsletter

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Ms. Yehle and Josephina enjoying a sparkler!

July Task Karate Attendance Challenge!

The way is in daily training is a famous martial arts maxim. This encourages martial artists to engage in their training on a regular basis. Because of this, Task Karate is hosting a July attendance challenge open to kids, teens, and adults. From July 1-July 31, 2021 we will be paying careful attendance to class attendance. At the end of the month, we will review attendance cards and note the top five Task students in regards to their attendance. These individuals will receive an uber acknowledgement to include a door prize. More information on the door at Task.

Update on Task Karate Summer Gear Order

Our gear order was submitted to Games People Play. They are busy printing our gear and also monogramming the gear bags some folks ordered. Stay tuned!

COULEE REGION FREE TOURNAMENT



Coulee Region Free Tournament

We are already talking about it! The tournament will be held at the Onalaska High School on Sunday, August 22nd, starting about 9 am with set up and registration. Events include empty hand form, weapons form, team form, board breaking, and sparring.

Here is a link to more information and pre-registration! <https://wmaproductionsinc.org/>

The Diamond Nationals! October 7-9, 2021

The Diamond Nationals Karate Tournament is back after a year off due to COVID. This is quite the tournament with divisions for general martial artists as well as martial artists that compete throughout the states and world. This tournament takes place in the Twin Cities. More information is located at

<https://diamondnationals.com/> or through Mr. T.

2018 finals! <https://www.youtube.com/watch?v=zGMnfRF7A2c>

4th of July Quote!

"May we never forget our fallen comrades. Freedom isn't free."

Task Karate Closed Saturday, July 17th for Eskrima Seminar

IS3 La Crosse members will be traveling to Soldiers Grove Wisconsin Saturday and Sunday July 17th and 18th for seminars and a celebration of our deceased friend and instructor Kasama Gary Benson. If you are an Eskrima student, make sure you are there! We are also raising funds to bring the head of our style, Suro Emanuel Hart to the States for a visit.



Eskrima instructors with bankows. (Staffs)

Members of the Winona Dojo with Sensei Demura!

Ms. Yehle and I, and Sensei Demuras students from all over the country met for a weekend of training, competition, and friendship. Sensei hasn't been traveling for the last year or more. He usually travels 40 weeks a year, visiting his schools all over the world!



We Have A/C!

Thanks for your patience and understanding during our air conditioning fiasco! A special thanks to the Wilkins family, who donated a HUGE fan to help keep us from roasting!



Ice Cream and Beach Work Out, Gold Star Event!

Saturday, July 31st! We will meet for a 45-minute beach work out (please bring shoes or sandals) at 6 pm, then we will have ice cream! Those that want to stay after can attend the sunset workout! **Black River Beach Neighborhood Center** 1433 Rose Street La Crosse, 54603



July Birthdays!

- 1st Gordon Helgeson
- 6th Annie Stasiak
- 8th Gavin Miller
- 11th Eli Kemp
- 13th Anne Markos
- 13th Braelyn Thorson
- 14th Luke Nian
- 15th Taylor Clayton

21st Davis Harrison
23rd Mitchell Nyseth
28th Kyra Osley



June Rank Promotions

Gold Belt

Gavin Miller
Ella Johnson
Finn Erickson
Sophie Erickson
Braelyn Thorson
Brylee Thorson

Orange Belt

Isaac Vyse
Remi Vyse
Asher Vyse

Purple Belt

Aubrey Crawley

Blue Belt

Catherine Mobley
Eli Kemp

Red Belt

Caleb Sievert

Black Belt

Mitchell Nyseth

Third Degree Black Belt

Anne Markos



