

# Task Karate March 2022 Newsletter

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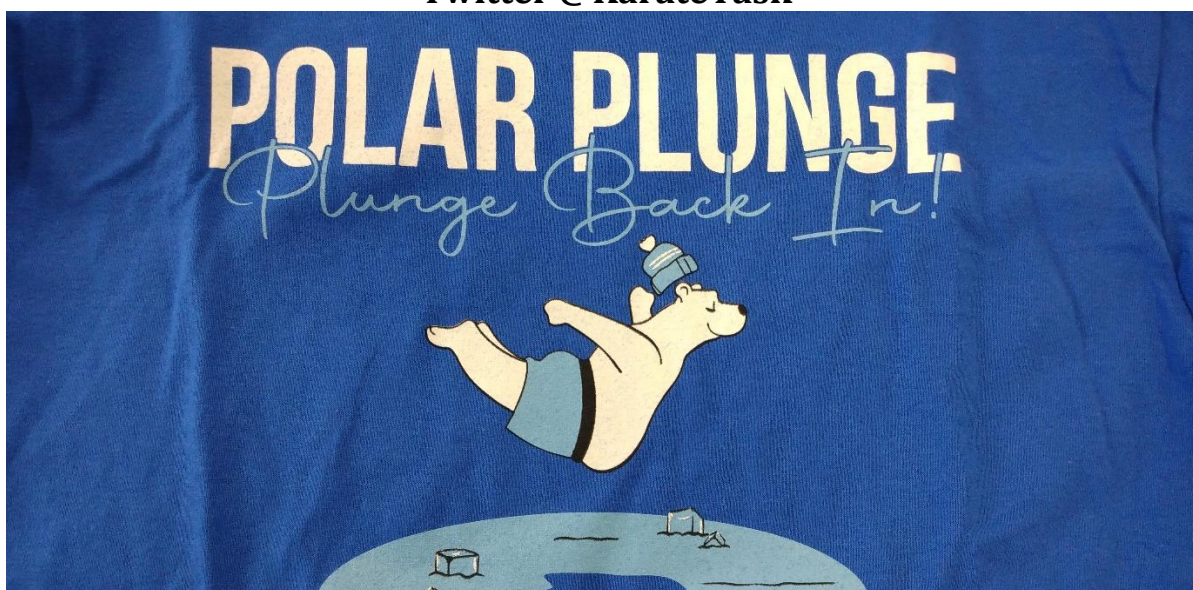
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## Important Polar Plunge Scheduling Information!

Sorry for the short notice! Our plunge time has been changed to 11:30. We will plan on loading the bus shortly after 11. Our class schedule for Saturday, March 5<sup>th</sup>, is

**9 am; all teen and adults**

**No sparring**

**10 am; all rank (white to black) kids**

Sorry for the mis-communication, I had different times in last months newsletter. We have 12 plungers jumping in on Saturday! Our team raised around \$4,000!!!! If you would like to come and watch, there should be plenty of room on the bus!



*Task is a proud sponsor of the plunge!*

## Motivational Quote!

Let me win.  
But if I cannot win,  
let me be brave in the attempt.  
- Special Olympics Motto

## YMCA Martial Arts Tournament

You can find more information about the Y Tournament here, or let me know if you have questions! <https://www.laxymca.org/martial-arts-tournament/>

The tournament is on March 27<sup>th</sup>, but registration closes on March 20<sup>th</sup>! Ages 5 to adult!



## March Birthdays!

2<sup>nd</sup> Sophie Erickson

3<sup>rd</sup> Savannah Hall

8<sup>th</sup> Stella Sievert

13<sup>th</sup> Addisyn Noland

Savanah Kubash

17<sup>th</sup> Sebastian Vue

18<sup>th</sup> Zach Lopez-Johnson

21<sup>st</sup> Jonah Stovall

22<sup>nd</sup> Declan Schmaltz

24<sup>th</sup> Samee Rayhan

25<sup>th</sup> Ethan Baker

24<sup>th</sup> John Gobel

30<sup>th</sup> Cully Lee

**LET ME KNOW IF I MISSED YOUR BIRTHDAY!**



## Eskrima Seminars to Benefit Samara Steinmetz

My friend and Eskrima instructor had a live changing event recently. His Daughter Samara was coming to visit for Thanksgiving, hit some black ice, and was in a terrible car accident. Here is some of the initial information. *Samara has head injuries, fractured vertebrae in her neck, a broken jaw, 3 broken ribs, broken pelvis, a hole in 1 lung, and a cut on her liver. The most concerning things right now are a bruised vein in her neck that could cause a stroke and the biggest concern is she has occipital cervical dislocation which basically means her Skull is no longer attached to her spine.*

Samara has been recovering in Colorado, and has made progress! She is scheduled to come home very soon. We are raising funds to help Ken and Kathy with medical expenses, adaptive remodeling, and equipment for Samara when she gets home. Ken says she is improving, but she is in pain, and has double vision. I hope we can help out. We will have a couple of Eskrima seminars for her.

Friday, March 18<sup>th</sup>, from 5 to 5:45 we will have a class for Task kids or family members, and from 7 to 8 pm we will have a teen/adult seminar. These classes are for our students or their family members, no experience is required! (For our Eskrima students, we have an IS3 seminar in the works, watch for more information.)

Please attend and donate to the cause. All checks go to Ken Steinmetz. \$10 is the minimum recommended donation! We will have a drawing for prizes! Thank you for your support.





## February Rank Promotions

### **Gold Belt**

Zack Ellison

### **Orange Belt**

Aulten Sharma

Seamus Johnson

Savanah Kubash

Declan Schmaltz

Gavin Miller

### **Red Belt**

Eli Kemp

### **Black Belt**

Jacee Erickson

