# Task Karate November 2011 Newsletter

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It's Coming!
<a href="http://www.youtube.com/watch?v=TBxwGEbOOCQ">http://www.youtube.com/watch?v=TBxwGEbOOCQ</a>

### Mr. Lee Teaching November 19th; Half Day Schedule

9 AM all adults and advanced kids, red, brown and black. 9:45 to 10:30 all sparring kids and adults 10:30 to 11:15 kids white through blue 11:15 to 12:00 Lil' Dragons (No Weapons)

We may be involved in helping out the Salvation Army this day! Looking for Bell Ringers to do a 2 hour shift. We would be scheduled between 10 am and 8 pm! More information to come soon. Please let me know if you can help out!

### Tournament Sunday, November 13th!

There are a few flyers at the school or here is the flyer <a href="http://www.nckablackbeltratings.com/assets/fall\_central\_states\_flyer\_1.pdf">http://www.nckablackbeltratings.com/assets/fall\_central\_states\_flyer\_1.pdf</a> and registration form <a href="http://www.nckablackbeltratings.com/assets/fall\_central\_states\_registration.pdf">http://www.nckablackbeltratings.com/assets/fall\_central\_states\_registration.pdf</a> Minnesota State Championships will be February 12th!

#### Quote of the Week

Invincibility lies in the defense; the possibility of victory in the Attack. -- Sun Tzu

## Closed for Thanksgiving!

We will be closed on Thanksgiving Day! I just want everyone to know how **thankful** I am for your support of our school!



# October Rank Promotions

Gold Beli

Andreana Pollock Nash Nagy Angel Arredondo Luis Arredondo

Orange Belt

Amanda Striegel Micah Muehr

Green Belt

Nina Saarem Bo Konetchy Hunter Konetchy Jesse White

Purple Belt

Anna Durall Joseph Durall

Blue Belt

**Barb Gleason Belthany Saarem** 

Black Stripe Brown Belt

Lauren Gerke Keegan Kuehl Trevor Theurer

