

# Task Karate November 2014 Newsletter

Task Karate School

1100 Kane St.

La Crosse, WI. 54603

608-781-TASK (8275)

E-Mail: [Taskkarate@msn.com](mailto:Taskkarate@msn.com)

Website: [www.taskkarateschool.com](http://www.taskkarateschool.com)

Please check out and "like" the Task Karate page!

<http://www.facebook.com/pages/Task-Karate-School-La-Crosse-Wisconsin/181603011868491?ref=hl#!/pages/Task-Karate-School-La-Crosse-Wisconsin/181603011868491>

Want to be my friend?

<http://www.facebook.com/randy.thomson.10>



## Central States Open Karate Tournament, November 16th!

Flyers are available at the school!

Here is a link to their facebook page,

<https://www.facebook.com/events/865951276770329/>

and their flyer

[http://www.nckablackbelt.com/assets/central\\_states\\_2014.pdf](http://www.nckablackbelt.com/assets/central_states_2014.pdf)



## Dancing with the La Crosse Stars!

Things are coming together for Team Task Force! We have our routine mostly worked out and are excited about the show Saturday, November 29th at the La Crosse Center! Ticket are available at the box office! We are also showcasing some of our black belts doing T-3 during the show! I am so thankful to all that were a part of our board breaking, and Karaoke/cook off/silent auction events! We couldn't have done it without all the support from everyone! If you would like to donate to our team, which supports the American Red Cross, please follow this link, or let me know! <https://www.crowdrise.com/TeamTaskForce>

## Special Schedule Thursday November 13th!

I will be attending the Celebrity Soiree for the Dancing with the Stars show on Thursday, so we are adjusting the schedule;

4 pm all kids green and up

5 pm white gold and orange kids

6 pm all teens and adults

No sparring

Sorry for any inconvenience.

## Gold Star Events! Food Drive and Bell Ringing.

We will be collecting food to donate to the Salvation Army food pantry in time to help out for Thanksgiving.

The food drive will begin Monday, November 10th, and finish Saturday, November 22nd! Help if you can!

We also have 5 slots left to help out with the Salvation Army's annual red kettle campaign. Please sign up at the school!

## School Closings

We will be closed Saturday, November 22nd and 29th for deer hunting, and the Dancing with the stars event, and closed on Thanksgiving. Sorry for any inconvenience.

## Warm up Jackets and Task Karate items

Watch for our order form coming soon!



## Quote of the Week

Thanksgiving is one of my favorite days of the year because it reminds us to give thanks and to count our blessings.

Suddenly, so many things become so little when we realize how blessed and lucky we are. Joyce Giraud

## Fun and Fitness

We usually have a fun and fitness class on the fifth Friday of the month! Last month we skipped it because of Halloween, so we will have it this month at 5:45 on the 28th! The class is open to any student, kids or adults! Games and exercise!



**New and Old Black Belts!**



## November Birthdays!

2nd **Alex Cassem**  
**Alisha Pfaff**

15th **Garth Gregerson**  
**Evan Pericak**

17th **Stacy Osley**

18th **Violette Phinisee**

20th **Mason Thomson**

21st **Kent Swan**  
**Trevor Devine**

25th **Nicholas Buege**  
**Tim Titus**

28th **Nina RadhaKrishna**  
**Ashley Niesl**



## October Rank Promotions

### Dragon Green Belt

**Evelynn Vue**

### Orange Belt

**Lilly Ekern**

**Ian Johnston**

### Blue Belt

**Mercedes Krans**

### Black Belts

**Nick Buege**

**Aydan Dearman**

**Nick Dearman**

**Andrew Pollock Jr.**

**Dakota Gruen**

**Jameson Jones**

**Andy Smith**

### Second Degree Black Belt

**Paul Cassem**