

Task Karate November 2023 Newsletter

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Task Karate Food Drive, Gold Star Event!

We will be holding a food drive from November 6th to the 16th! ! You can bring a can of food or a bag to give help to those that can use it! (One gold star per student in each family for this event!)

“Do things for people not because of who they are or what they do in return, but because of who you are.” – *Harold S. Kushner*

Photo Day and All School Work Out!

Tuesday, November 28th we will be having all of our Task Karate students come in for our yearly calendar picture! We will have a class for ALL Task Karate kids, at 5 pm, and then take their photo after class, then all teen and adult students should come at 6:15 for their photo, followed by a class for them! (Approximately an hour class.) This is a little different than we have done in the past, so please let me know if you have any questions! We will still have the 4pm sparring class on this day, but no 7 pm class.

- Motivational Quote!

“Sometimes it takes only one act of kindness and caring to change a person’s life.”

– Jackie Chan

Task Gear Coming!

We are putting together our Holiday gear order, watch for more information soon!

- Holiday Catalogs!

Here is a link to the Century martial arts Holiday Catalog! We offer free shipping on most items, and have the following discounts as well! \$50 to \$99, 5% off, \$100 to \$149, 10% off, and 15% off orders of \$150 or more! Sorry, the discount is only applied to catalog purchases!

<https://centurymartialarts.com/pages/2023-holiday-catalog>

Black Friday Event!

We are planning an event for some fun for the kids, and to support the karate school! Friday, November 24th, from 10 am to 1 pm we will have martial arts, games, crafts, and just time for kids to hang out with their karate friends. The cost is \$30 per child, \$10 discount for 2nd or 3rd family members.

Sparring!

Sparring is an important part of our karate program. Remember, when testing for blue belt and above, sparring is required. Sometimes students are nervous about trying sparring because they are not sure what it involves, and it can be scary to try. Also purchasing the gear can be a bit of an expense. Students can start sparring after gold belt, and really should consider starting after green, and for sure by purple. We have some gear that students can use to get started, but we would appreciate it if you could get your own gear if possible! Here is a link to sparring gear options and prices, and an overview of sparring!

<https://drive.google.com/file/d/1IRR-D53n16B9BAKUFePbEkv5RN69hO8M/view?usp=sharing>



Getting warmed up for sparring, back in my mullet days!



November Birthdays!

3rd Saeef Rayhan

3rd Wesley Cornett

3rd Elaina Brown

6th Bjorn Larsen

7th Oliver Peterson

Adam Johnson

11th Nathaniel Bryant

13th Karla Hein

13th Kevin Kind

13th Henry Levendoski

16th Samson Kittleson

17th Stacy Osley

18th Grace Loizzi

20th Mason Thomson

22nd Parker Botcher

23rd Erik Daily

23rd Nikki White

26th Brenner Bertelsen

26th Cliff Strand

27th Kevin Callahan

Please let me know if I missed your birthday!



We will be closed Thanksgiving, and are thankful for you!



October Rank Promotions!

Gold Belt

Ethan Thompson
Shawn Thompson

Green Belt

Lila Fruehling

Purple Belt

Kate Mattison

Blue Belt

Logan Mason

Red Belt

Veda Daffinson