

# Task Karate October 2011 Newsletter

Task Karate School

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## Gold Star Event! Brady's Bluff Hike~

We had one of the biggest groups ever this year! It was a great day, with great students, families and friends!



## Diamonds!

Congratulations to all of the Diamond Nationals Competitors!  
We had some great matches, some finalists, some second place (very close) wins, and one National Champion!



Congrats to Garth on his 1st place win!



Special Congratulations to Miss Wackett on her Grand Champion win!  
Check Sunday, October 15th La Crosse Tribune for their happy ad!



## Busy Month with Seminars!

Saturday, October 15th, 3pm to 5:30. **Gary Benson** will be teaching a self defense seminar utilizing improvised weapons that are all around us! The seminar is not just for karate students, but for the parents too! We will be covering simple, effective techniques that anyone will be able to use! Free pocket stick included! Please sign up asap!

Saturday, October 22nd, from 6 to 8 pm, Yoga! Led by our friend **Jeff Halverson**! Only \$10 per person.

Be sure to wish Miss Wackett good luck for her competition on the USA Team in Spain at the end of this month.

She will be doing a seminar for us sometime at the beginning of November. Watch for more details!

## Halloween Party!

Our halloween party will be held on Friday, October 28th! The party will be from 5 to 6:30! Parents can bring some treats to share (nothing too messy please) but it is not nessassary!

No kids classes, adult class is still at 7:15!

## Quote of the Week

Fall has arrived. Behold the changing leaves, and enjoy the crisp breeze. Let your eyes take in the bursts of color. Transformation is afoot and hope is in the air!



## September Rank Promotions

**Dragon Gold Belt**

**Ronin Staffaroni**

**Riordan Staffaroni**

**Beckett Cottrell**

**Dragon Orange**

**Chase Bollom**

**Joshua Degenhardt**

**Dragon Green Belt**

**Elijah Goodman**

**Gold Belt**

**Peter Revels**

**Leo Chen**

**Vicky Chen**

**Christine Chen**

**Vash Finn**

**Green Belt**

**Nhia Xiong**

**Purple Belt**

**Cho Reyes**

**Blue Belt**

**Andrew Pollock Jr.**

**Dakota Gruen**

**Red Belt**

**Alisha Pfaff**

**Brown Belt**

**Dylan Adams**