#### Task Karate October 2012 Newsletter

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#### Closed for the Diamond Nationals!

http://www.diamondnationals.com/

We will be closed October 12th and 13th for the Diamond Nationals Karate Championships! Several Task Karate students are competing! Consider going to watch, or sign up! Here is a video of some of the things we saw last year!

http://www.youtube.com/watch?feature=player\_embedded&v=cI6WmAmEZ8s

### Tournaments that are coming up for the NCKA 2012-2013 season

October 12th and 13th - Diamond Nationals

November 18 - Fall Central States

February 10 - Minnesota State Open

TBA - Eau Claire Open - Eau Claire, WI

April 21 - NCKA Finals



Diamond Nationals, Last year!

## Halloween Party!

BOOO! Task Karate Halloween party will be Thursday, October 25th, from 5:30 to 7 pm! No kids classes that day, BUT all teens and adults (12 and over) are invited to a fun knife throwing class from 7:45 to 8:30. Then we will have sparring class after that. Parents are welcome to bring treats to share with the kids, or extra candy, they always like that, but it's not necessary! (Don't look in the closet!)



## Brady's Bluff Hike; Gold Star Event

We will be leaving the karate school at 1 pm to drive to Perot Park Meet by the boat landing across from Trempealeau Mountain at 1:30 if you want to drive on your own. We will climb the stairs to the top and then hike the trail back around! Let's plan on a picnic lunch and short karate class at the boat landing when we get back! (weather permitting.) The hike is not easy, so be prepared!



Final Steps to the top!



Part of last year's group!

### Quote of the Week

Everyone says that love hurts. But that's not true. Loneliness hurts, rejection hurts, losing someone hurts. Everyone confuses these with love, but in reality love is the only thing in this world that covers up all the pain and makes us feel wonderful again. ~unknown

Thanks so much to everyone that has been helpful and patient with me and my family during this difficult time. The karate students and their families are like family to me, and all your care, love



### New Schedule

The new schedule seems to be working great! Please let me know if you have any questions. Did you know we have a Matt Class on Fridays where we work on learning how to fall and roll, plus much more. The matt class is for any age and belt.

Also Tuesday is kids weapons and sparring for Green Belt and above.

Friday the 19th will be our first teen adult instructor training class!



## October Birthdays!

2nd **Jameson Jones** 

3rd **Kim Cassem Kyler Drogseth** 

4th **Emily Ross** 

5th **Diva Antony** 

8th **Diana Durall** 

10th **Sophia Spilde** 

12th Mary Cortesti

13th Ocean Cerda-Reyes

19th **Aydan Dearman Erik O'Brien** 

24th **Thomas Gregerson** 

29th **Dayne Hoff** 

25th Lisa Warsinske

31st **Trevin Thomson** 



## September Rank Promotions

### Dragon Gold Belt

Kyler Drogseth Mikiyah Test

#### Gold Belt

Ryan Burton Michelle Burton Lily Engen Cody Mammenga

### Orange Belt

Louis Gums Thea Wilkins

#### **Green Belt**

**Aaron Swan** 

# Black Belt

Keegan Kuehl



## **2012 Diamond Nationals World Karate Championships Promo**



By karatevideoguy|