

Task Karate September 2011 Newsletter

Task Karate School

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Bike Trail Tunnel Hike

Part of this years group!



Closed for the Maple Leaf Road Races (and parade) Saturday, Sept 24th.

The race is a Gold Star Event, and also counts as the fitness challenge for the Black Belt test!
http://www.laxymca.org/index.php?option=com_content&view=article&id=421:maple-leaf-home&catid=128&Itemid=94

I am training to run the half marathon! (13.1 miles)

Closed for the Diamond Nationals Friday September 30th, and Saturday October 1st.

The Diamond Nationals! Best tournament of the year. Top competitors come from all over the nation to compete for the Diamond Rings.

http://diamondnationals.com/Diamond_Legend/diamond_legend.html

You should try to go to compete or watch!

Register or get more information here; <http://www.diamondnationals.com/>

Gold Star Event! Brady's Bluff Hike, October 8th, 3 pm.

We will leave the school after classes on Saturday, October 8th, and hike up Brady's Bluff in Perot Park!

A vehicle pass is required to enter the State Park. The Bluff is pretty steep, and can be challenging, but the view is worth it!





Quote of the Week

“Don’t let what you can’t do interfere with what you can do.” Anonymous



Rank Promotions

Dragon Gold Belt

Ronin Staffaroni

Riordan Staffaroni

Beckett Cottrell

Dragon Orange

Chase Bollom

Joshua Degenhardt

Dragon Green Belt

Elijah Goodman

Gold Belt

Peter Revels

Leo Chen

Vicky Chen

Christine Chen

Vash Finn

Green Belt

Nhia Xiong

Purple Belt

Cho Reyes

