

Task Karate August 2016 Newsletter

1100 Kane St. La Crosse, WI 54603

Phone 608-781-8275 E-mail taskkarate@gmail.com

Visit our website <http://www.taskkarateschool.com/>

Or facebook page <https://www.facebook.com/pages/Task-Karate-School-La-Crosse-Wisconsin/181603011868491>

Be my friend! <https://www.facebook.com/randy.thomson.10>

Ice Cream and Pool Party

Saturday, August 6th, Ice cream and pool party! We will start out at the North Side community pool, 816 Sill St, (the posted hours for the pool are from 12:30 until 6 pm) and when they close we will move the party to the Black River Beach, 1433 Rose St, for a Gold Star sunset work out, and of course, ICE CREAM! All classes are as scheduled that day.



Pictures from previous sunset workouts!

Sensei Demura at Task!

Thanks to all that were able to attend the class and meet Sensei! I am proud to be one of his black belts and I am glad we were able to bring him to Task!



Camping and Outdoor Classes!

We had a small but enthusiastic group at camp this year! Thanks to all that could attend, and a special thanks to the black belts for helping teach the classes, and to Whispering Pines Campground for giving us the best sites!



Saturday morning beach workout!

Germany Summer Camp, Task is Closed Aug 8th to 15th

Nick, Ann, and I are heading to the IS3 Summer camp in Germany! We will be staying and training in the Wewelsburg Castle, here is some information on it. It has a colorful history.

<https://en.wikipedia.org/wiki/Wewelsburg>

I'll look forward to sharing some of the things we learn when we get back!

Your Assignment, Train on your Own for Class Credit!

I've put together a workout for you! You can do it while we are gone and get up to two class credits! Here is a link to it!

https://drive.google.com/open?id=0B_QP68QJEwepZjhLUDNCbGNRVDA

I have a quiz for you to work on while I'm gone, here is a link to it!

Quiz!

https://drive.google.com/open?id=0B_QP68QJEwepOFJCNUNYVFlaSHc

We also put together some quick videos for you to practice with! You can find it on youtube or facebook, or download the videos from my google drive and burn them to dvd, and watch on your TV (best.)

Link to videos on my Google Drive

https://drive.google.com/open?id=0B_QP68QJEwepQ2x1bDVzbnpYRU0

You can find the videos on youtube by searching Randy Thomson homework!

Beginner and Advanced Testing

Beginner testing is Friday, August 5th, and Advanced is the 26th, both testings are at 5:45. Be sure to bring your sparring gear to advanced testing!

Coulee Region Free Tournament and Class

The free tournament is coming up August 28th, are you getting ready? We will have a tournament class on Friday August 19th at 5:45 pm. You can come and get more information and practice your events for the tournament. Here is a link to the flyer! They would appreciate if you pre-register.

https://drive.google.com/open?id=0B_QP68QJEwepUy1VTjh4MVBUZDA

Task Karate Picnic and Day Camp

August 30th, Task Karate Pot luck picnic and day camp at the Myrick Park main shelter. Everyone can start to arrive around 5 and we will plan on starting to eat at 5:30. Drinks, napkins and silverware will be provided. DAY CAMP! We will have activities for the students from 2 to 5. The cost is \$20! We will have martial arts, fun and games! Last year we had a little trouble with some kids wanting to go off around the park. We'll ask that they stay at the shelter for the camp. Please let me know asap if you are interested. We will probably have a limit of 20 kids or so. We would also welcome any parents or adult students that would like to help with the camp.



August Birthdays!

5th Carissa Hanson
7th Alex Gennrich
11th Elsie Gautsch
11th Calessa Adams
11th Aaron Kremmer
14th Jasper Moesch
23rd Susan Wackett
24th Elijah Goodman
28th Lance Moe



July Rank Promotions

Dragon Orange Belt

Ellie Bemis

Orange Belt

Darien Washington

Green Belt

Ella Cullen

Red Belt

Elsie Gautsch

Black Stripe Brown Belt

Josh Osley

Ann Yehle

Second Degree Black Belt

Kyra Osley

Taylor Rakes

Third Degree Black Belt

Diva Antony

