

TASK KARATE SCHEDULE OF CLASSES (TEENS AND ADULTS)

1501 St. Andrew Street, Suite 206 La Crosse, WI 54603 @KarateTask
 (608) 781-TASK (8275) E-mail: Taskkarate@gmail.com Website: www.taskkarateschool.com

<i>Group</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
White, Gold, Orange		9:30 am (1hr) 7:00 pm (1hr)		9:30 am (1hr) 6:00 pm (1hr)	6:00 pm (1hr)	9:00 am (45m)
Green Belt And up		9:30 am (1hr) 7:00 pm (1hr)		9:30 am (1hr) 7:00 pm (45m)	6:00 pm (1hr)	9:00 am (45m)
Brown	5:00 pm 1 Hour	9:30 am (1hr) 7:00 pm (1hr)		9:30 am (1hr) 7:00 pm (45m)	6:00 pm (1hr)	9:00 am (45m)
Black	6:00 pm 1 Hour	9:30 am(1hr) 7:00 pm (1hr)		9:30 am (1hr) 7:00 pm (45m)	6:00 pm (1hr)	9:00 am (45m)
Testing or Matt Class!					5:00 pm (45m)	
Sparring						9:45 am
Weapons (Green & up)			6:00 pm (1hr)			
Eskrima Program	7:00 pm (1hr)		7:00 pm (1hr)		7:00 (1hr)	

Effective 12/20/2022

In the mat class students learn groundwork/grappling skills. No mat class on testing night! (Ask for more information.)

Teen/Adult Testing with Kids or Tuesdays at 8 pm. All classes are 45 minutes in length unless marked as one hour.

Sparring Class – Gear is required to participate. Ask for more information.