

Task Karate Brown Belt with a Black Stripe  
Each Event is required for a stripe (6).

- All Forms and Traditionals
- 10 Rounds of Sparring (5 with a Black Belt)
- All Self Defense and One-Steps
- Fitness Challenge
- 1,000 Kicks
- Punches, Kicks, and Combinations

One month and a minimum of 8 classes per month required for each stripe.